

THE SPARK BY NIKKI GIANT

Synopsis



THE BOOK THAT WILL SPARK A MOVEMENT

Our children are losing their Spark. **Their inner light is being extinguished by the fast-paced, me-first world of ego.** Our collective ways of living are making our kids anxious, fearful, isolated and self-doubting, while **our systems are teaching kids to deny their inner wisdom, hide their inner light and seek meaning in 'stuff'** rather than in themselves.

Body image anxieties, mental health problems, academic pressures, substance abuse, tech overload, peer pressure...

What's happening to our kids?

We worry about the details of children's lives – the exam pressures, tech overload, body conscious teens, and kids turning to substances to cope - but **we fail to connect these symptoms to the root cause of children losing their self-connection, their Spark.**

Our smallest and youngest humans desperately need to be given the permission and the tools to find a new way of being. **It's time to reignite the Spark.**

'The Spark: Igniting a Spiritual Revolution to Change the World for Children' is a manual for much-needed change for our youngest citizens. **An edict on the state of the world for children, The Spark presents a call to action to create change from the [play]ground up.**

Exploring the problems we have created in the systems of childhood from a spiritual perspective, **The Spark calls for a new way of raising, educating and nurturing children** and young people, moving away from ego and allowing children to connect with their inner wisdom, knowing, and purpose.

Split into three parts, The Spark explores the child, the system and the Spark, guiding the reader to a deeper understanding of the collective problems we have created, and **narrated through the weaving of my personal experiences of working with children and young people.** From Charlie, the fifteen-year-old girl who has been kicked out of school, to Daniel, struggling to manage his anger about a life that doesn't feel worth living, The Spark aims to ignite the reader's awareness and motivation for change.

