



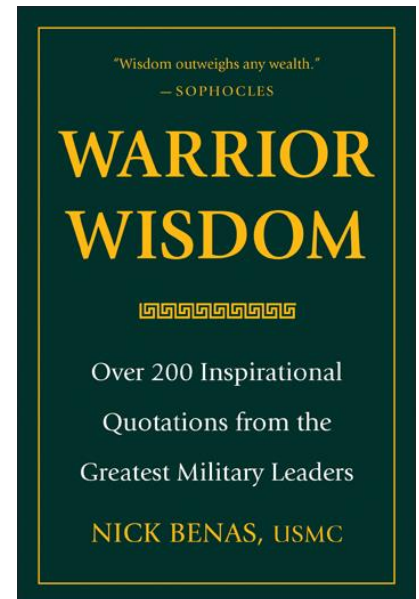
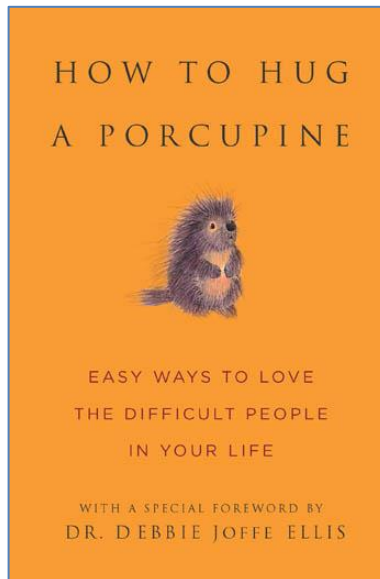
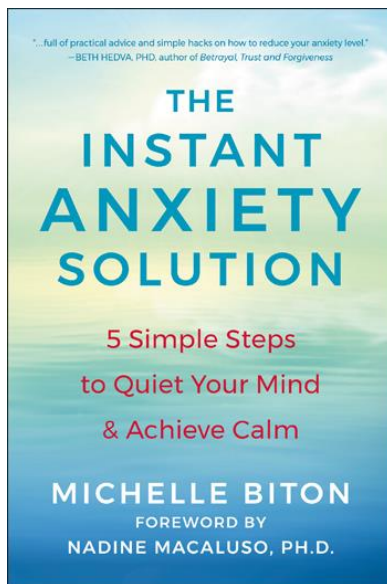
Self-help, Business, Health & Wellness Catalog

New & Notable Fall 2024

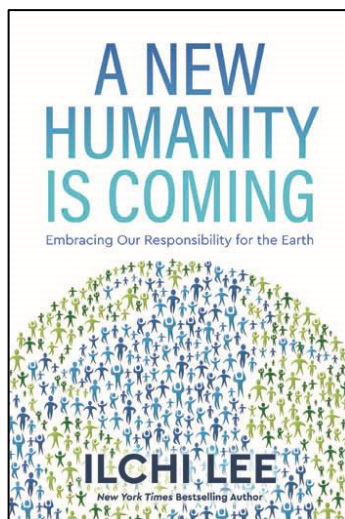
YORWERTH ASSOCIATES ♦ LITERARY AGENTS

Please see our separate catalogs for new & popular books on parenting & gifted children, body, mind & spirit, spirituality & world traditions, select fiction & poetry

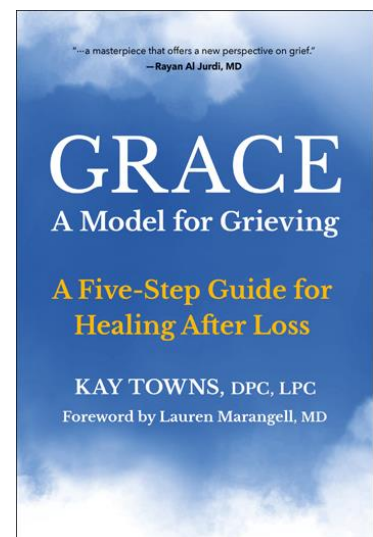
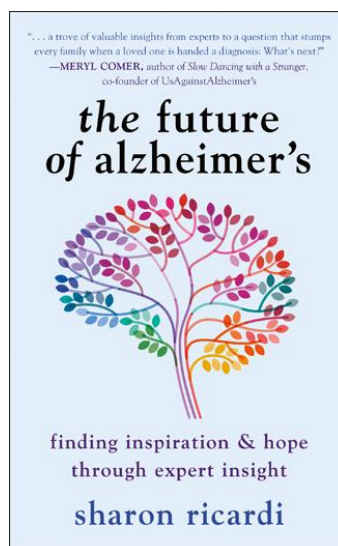
Contact Patricia Spadaro ♦ Email: patricia@PublishingCoaches.com

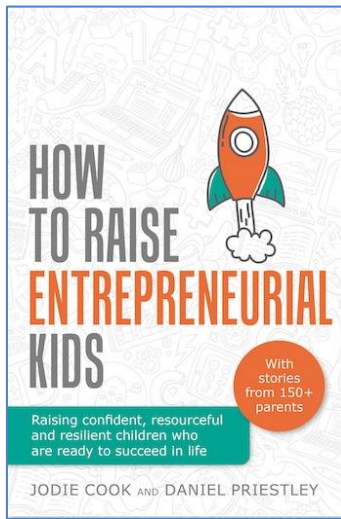
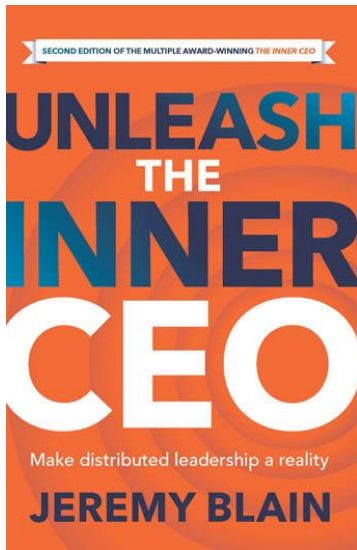


**This year's runaway best-seller
Published so far in 13 languages**

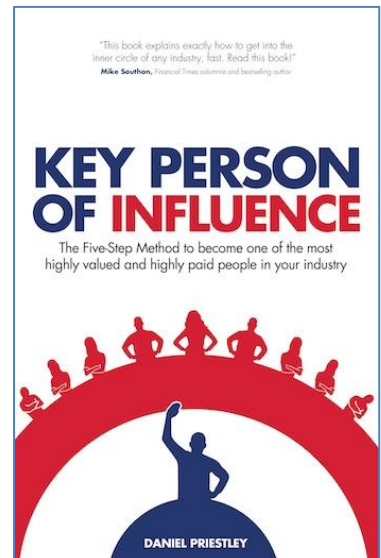
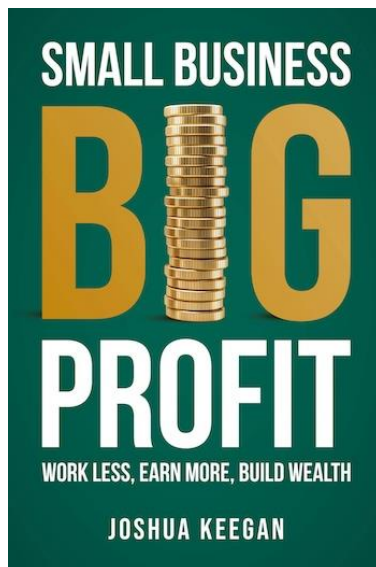
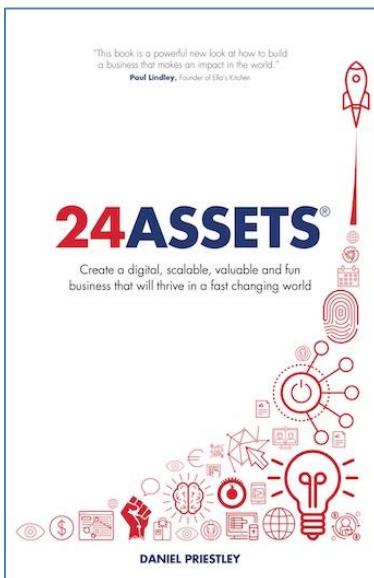
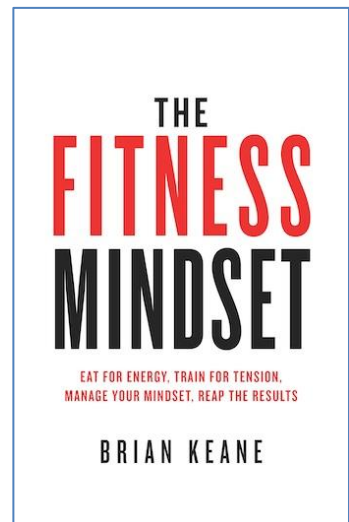
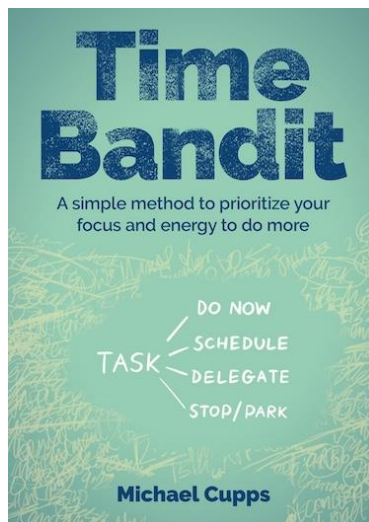
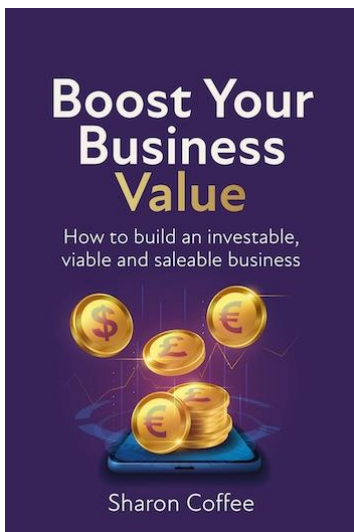
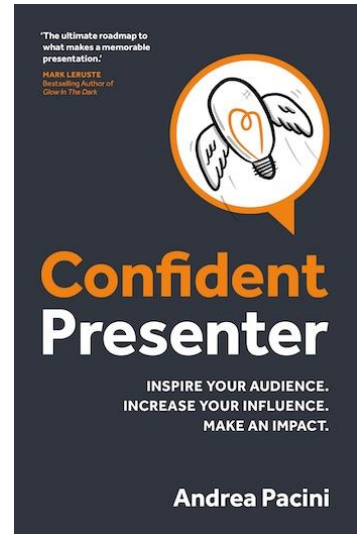


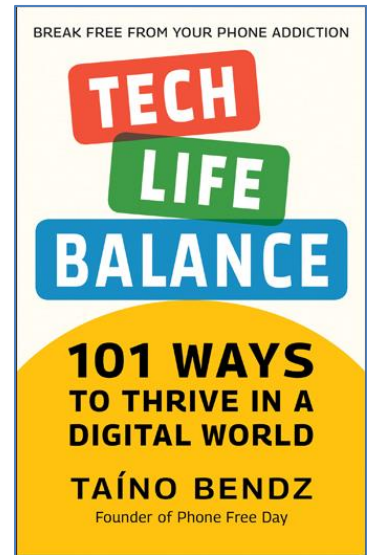
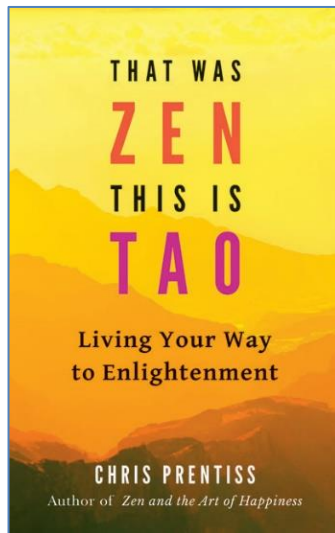
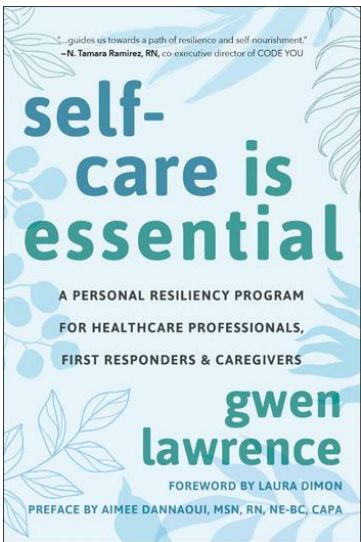
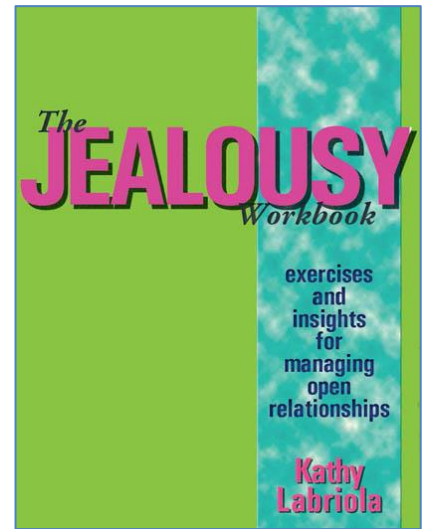
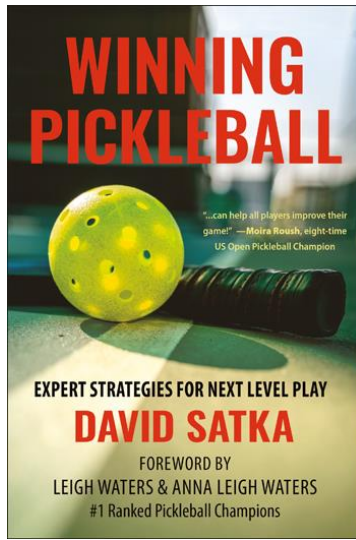
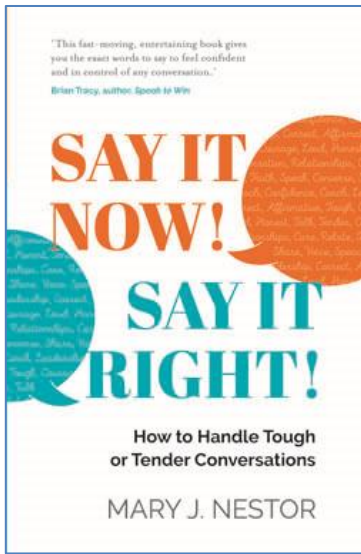
**From New York Times bestselling
author Ilchi Lee**



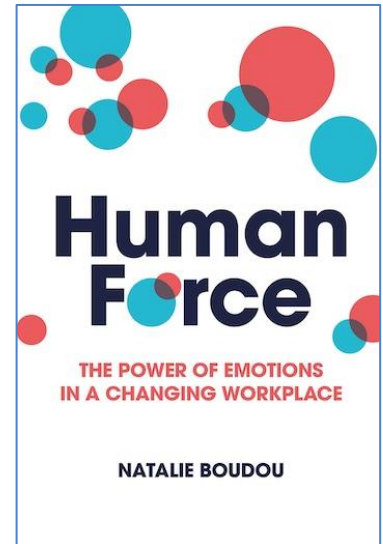
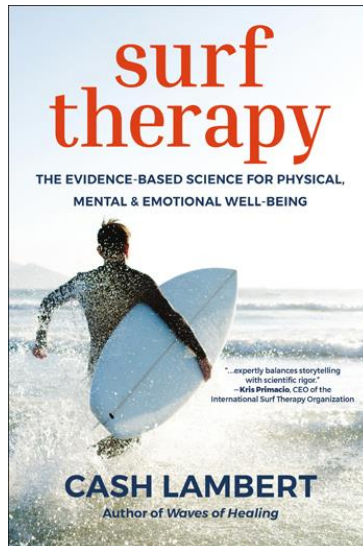
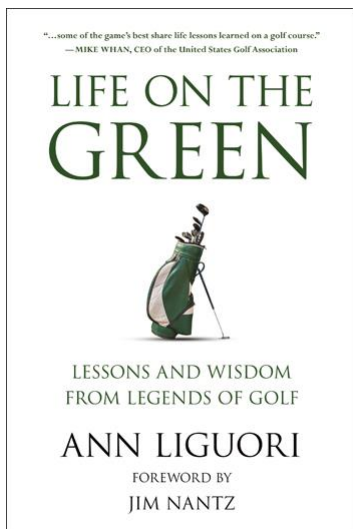


**New to Yorwerth Associates
Rights sold in eight countries so far**

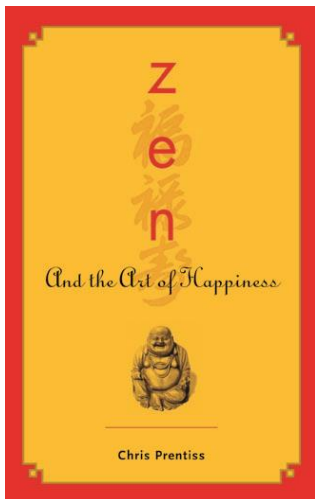
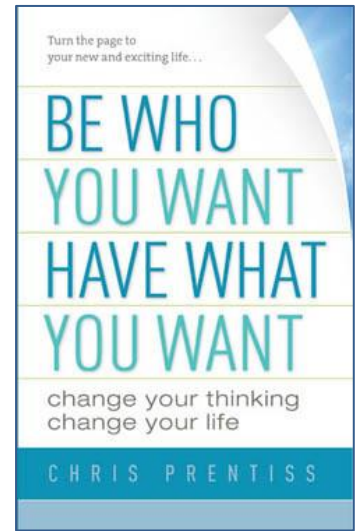
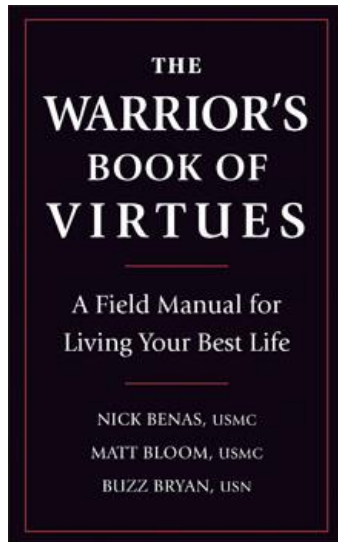
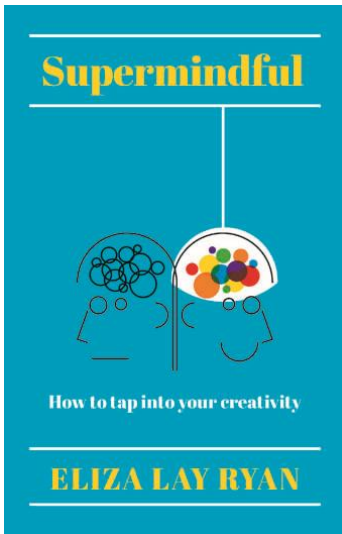




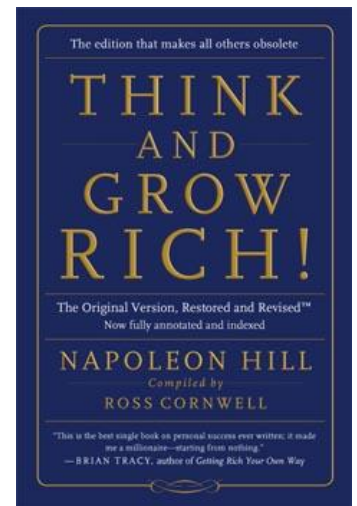
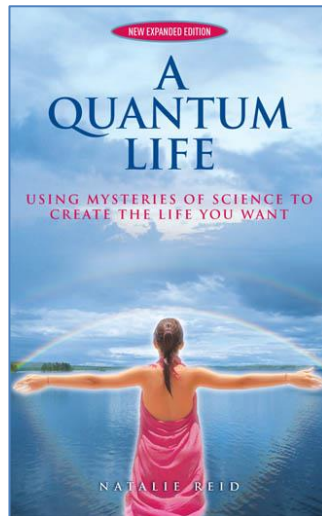
**New from the author of the popular
ZEN AND THE ART OF HAPPINESS**



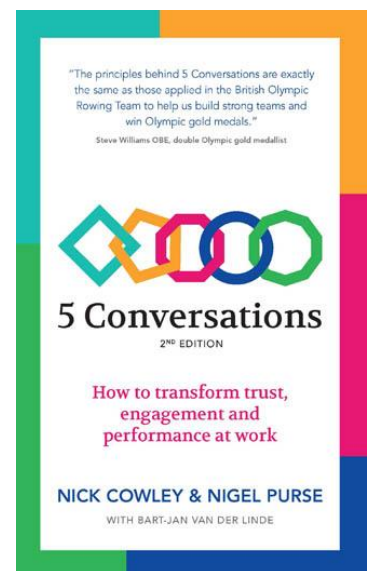
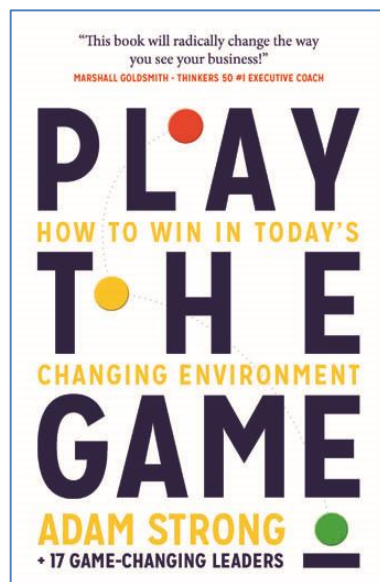
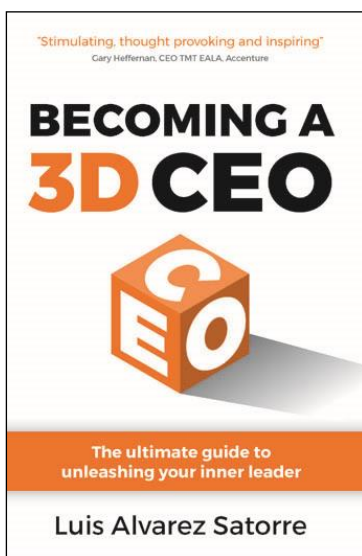
Yorwerth Associates Featured & Evergreen Self-Help & Business Titles

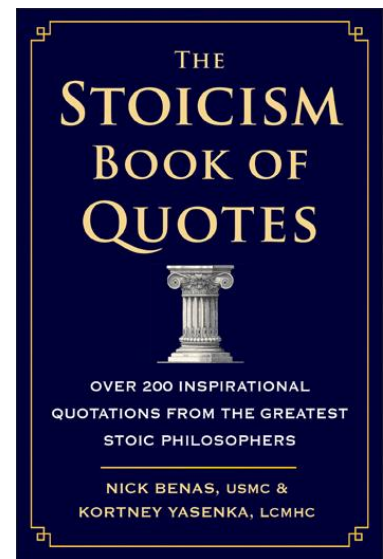
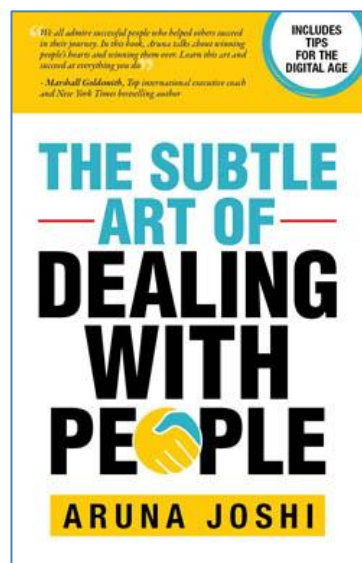
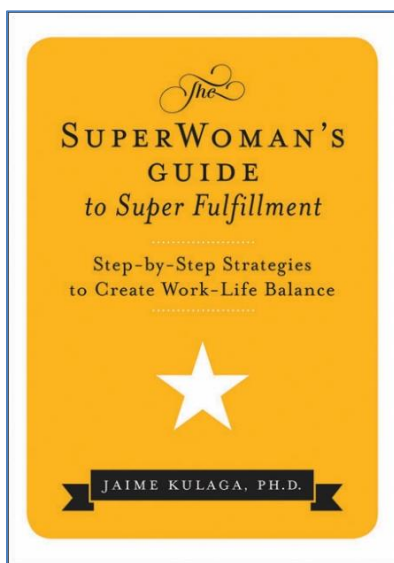
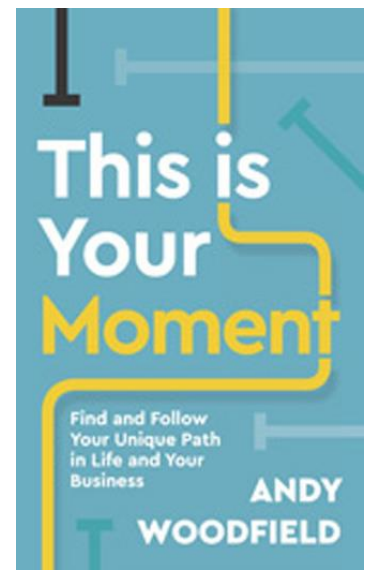
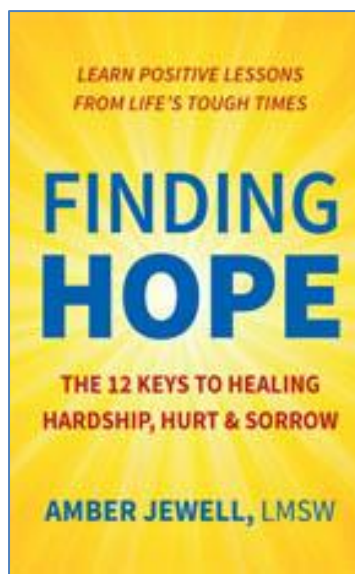
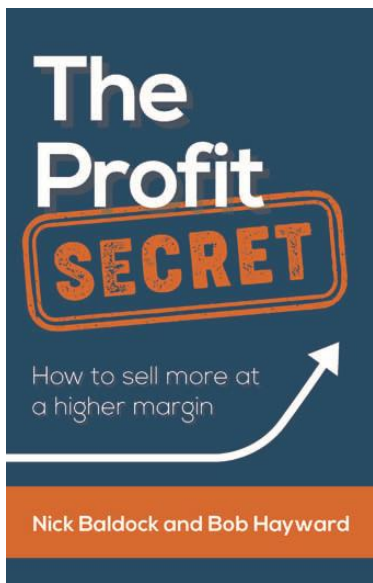
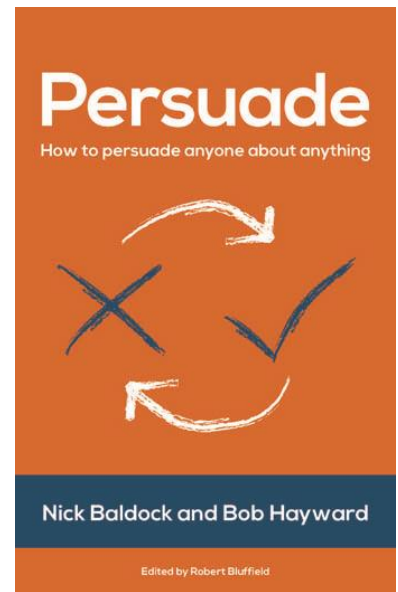
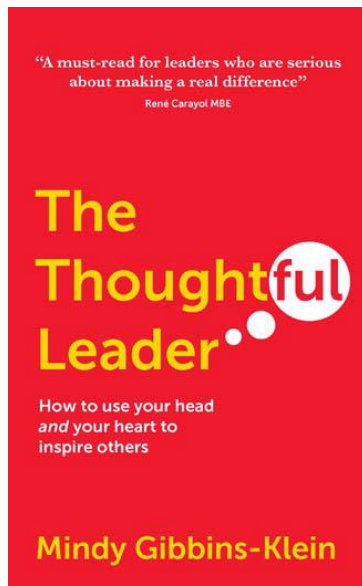


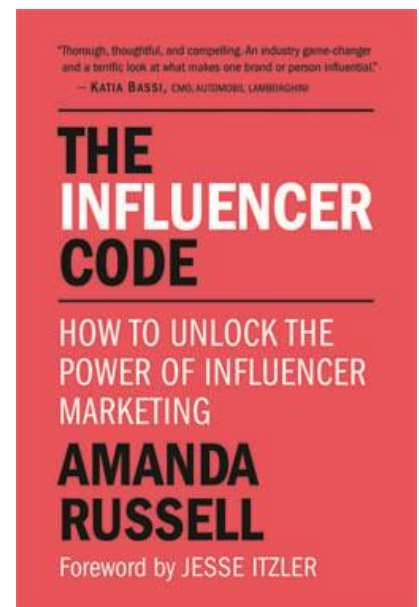
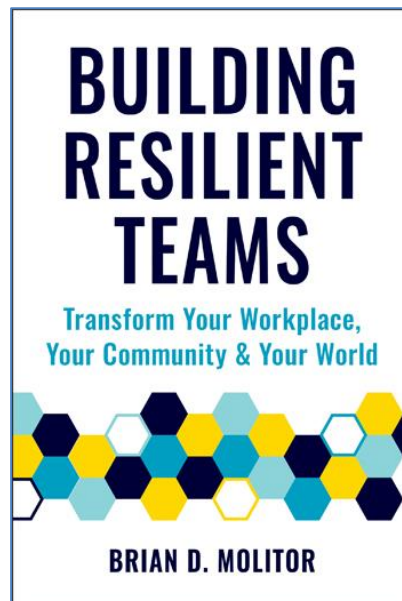
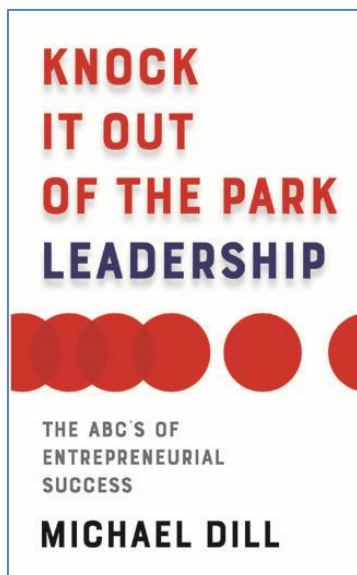
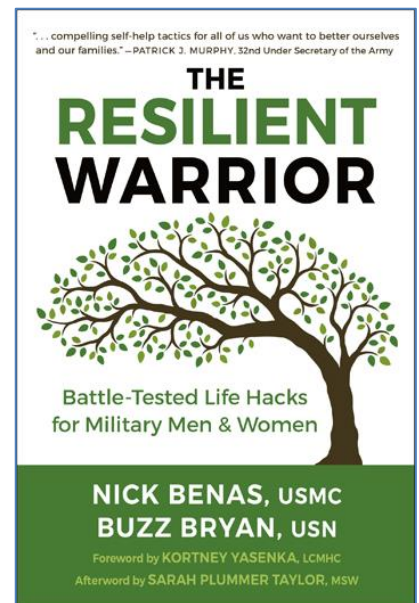
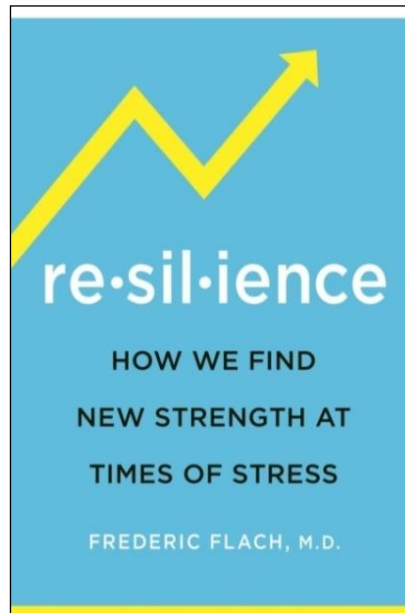
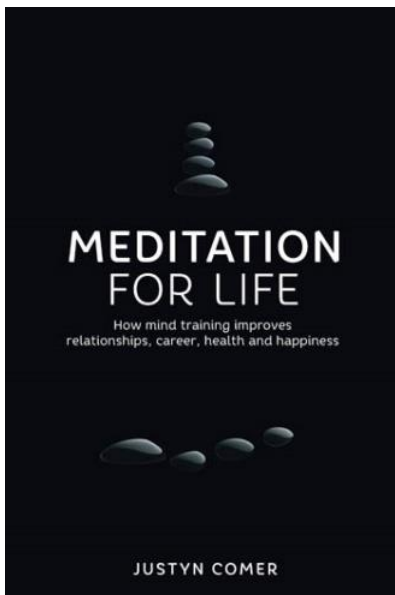
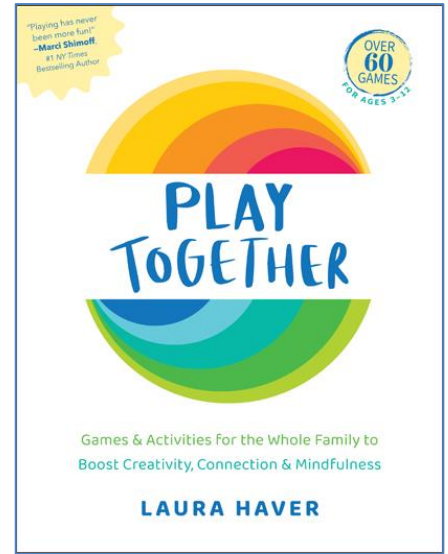
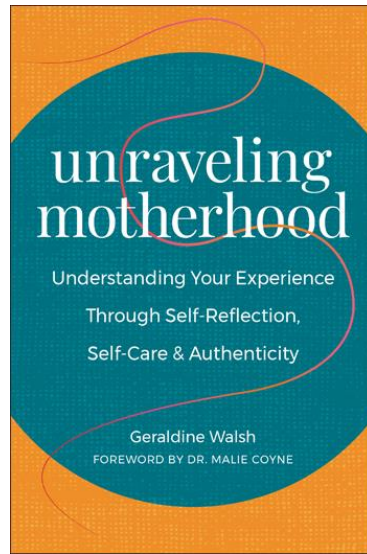
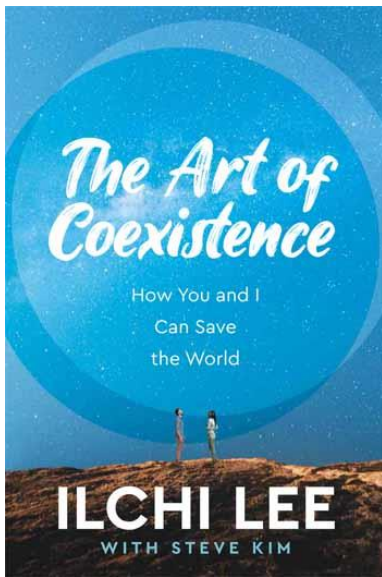
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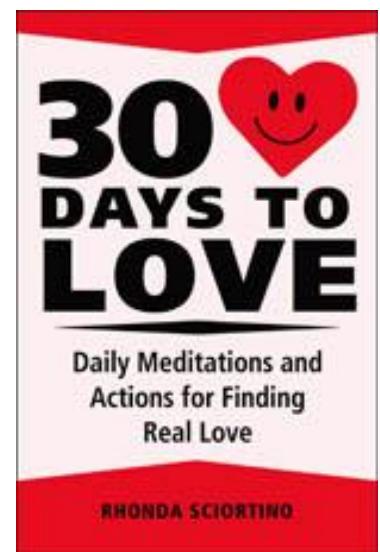
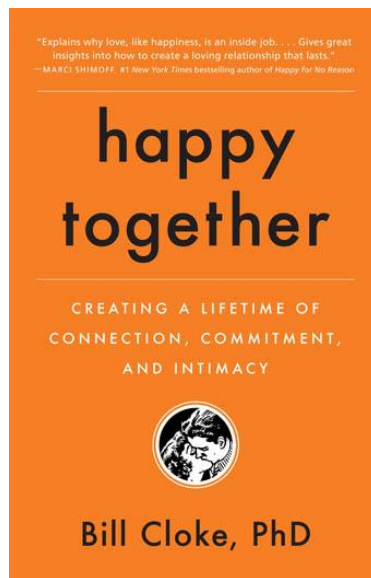
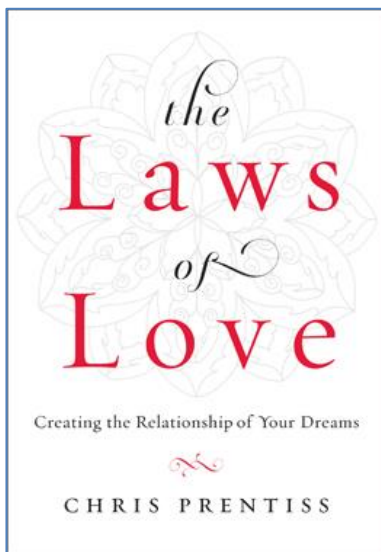
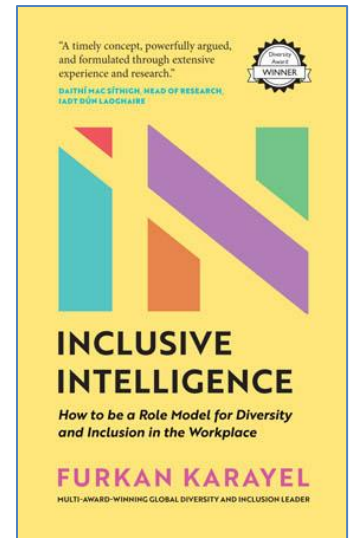
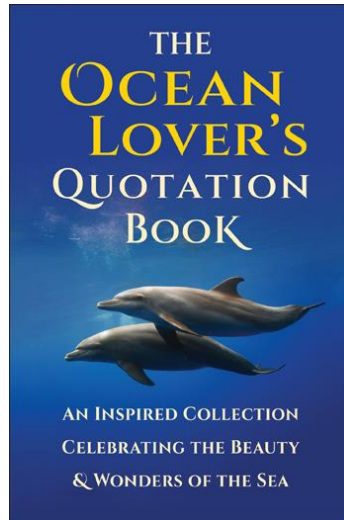
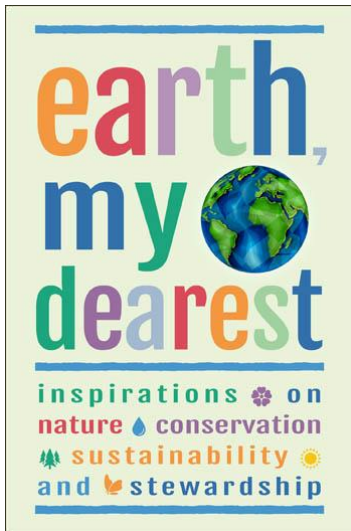
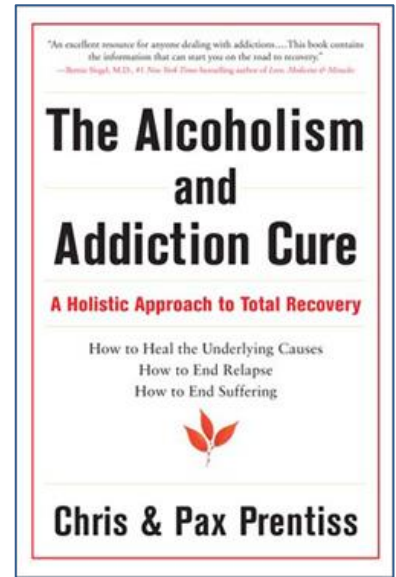
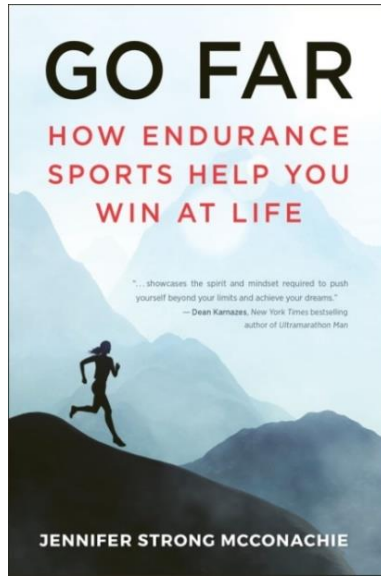
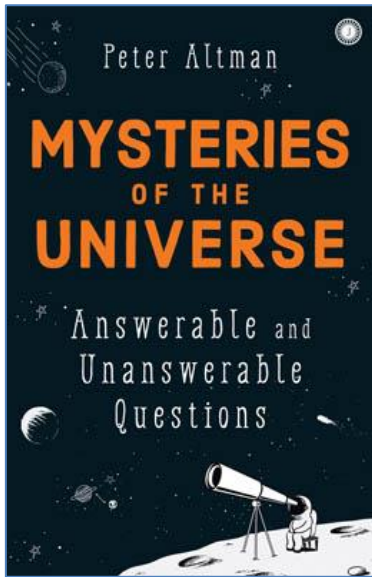


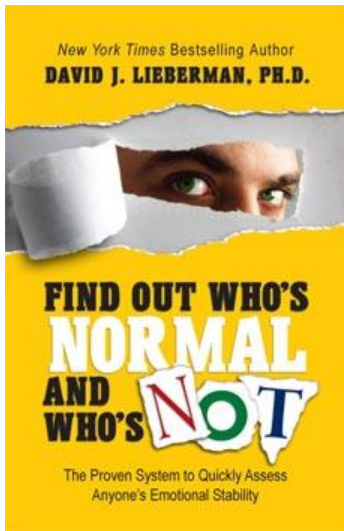
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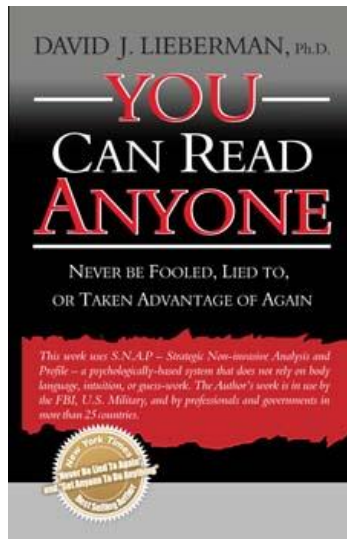




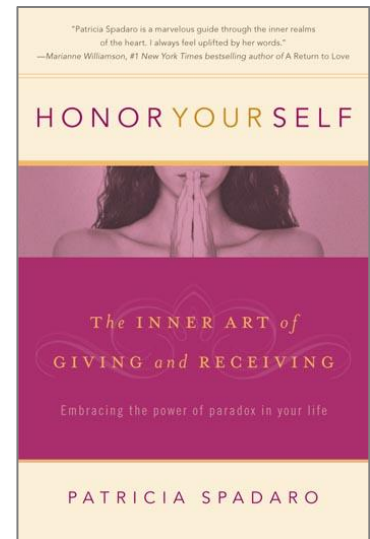




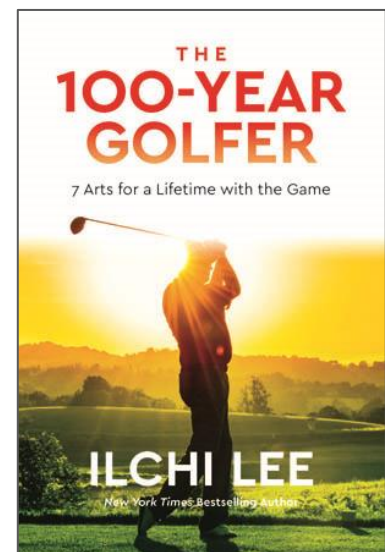
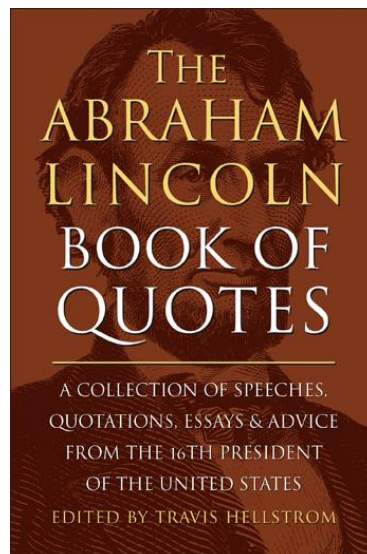
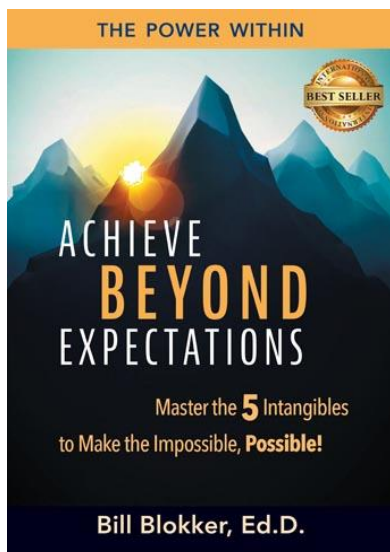
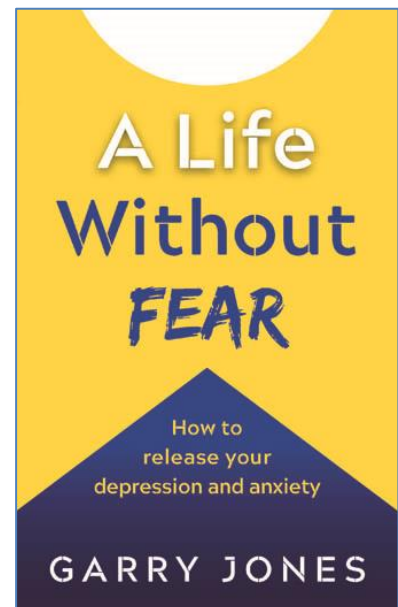
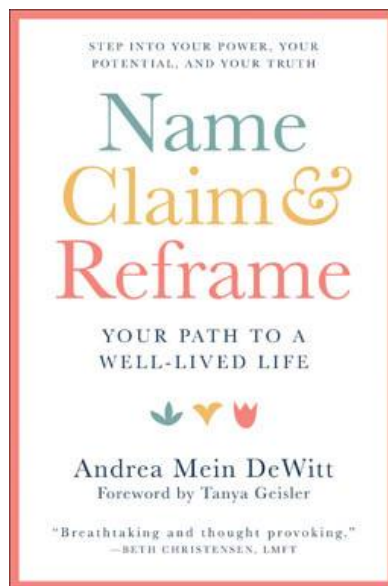
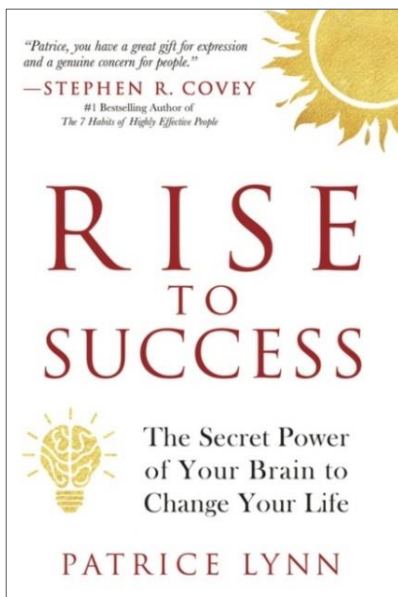
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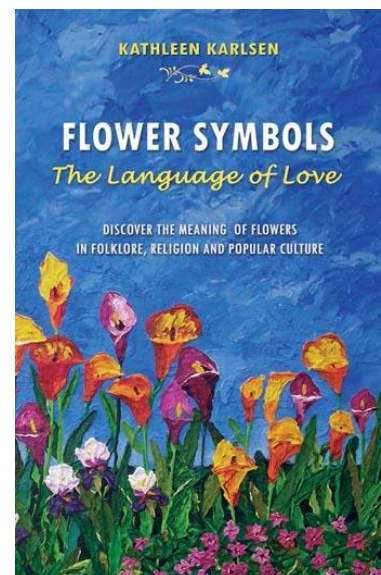
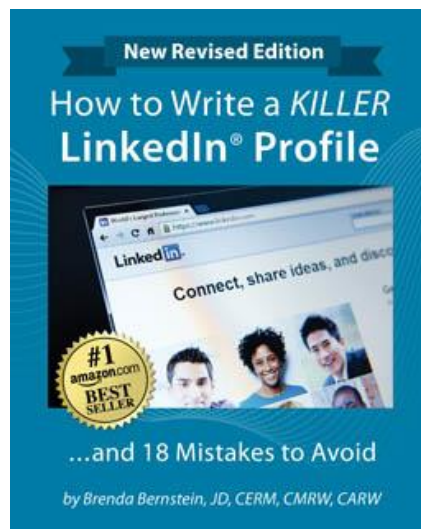
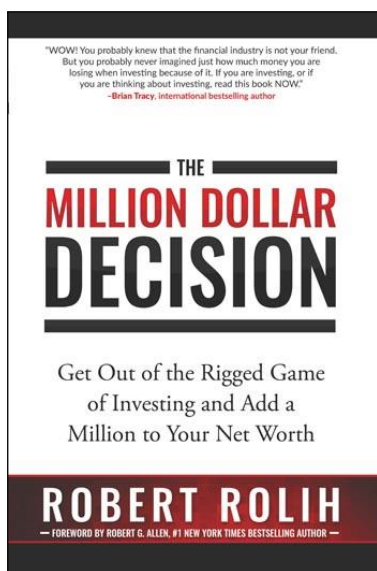
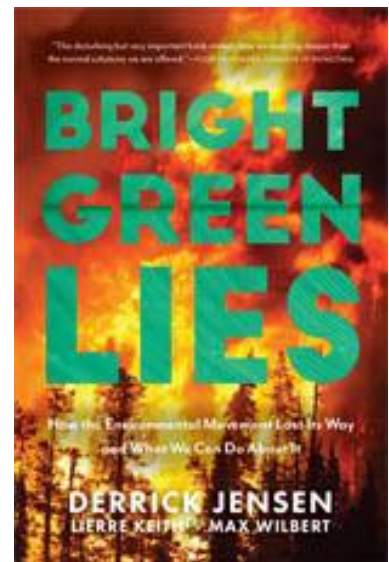
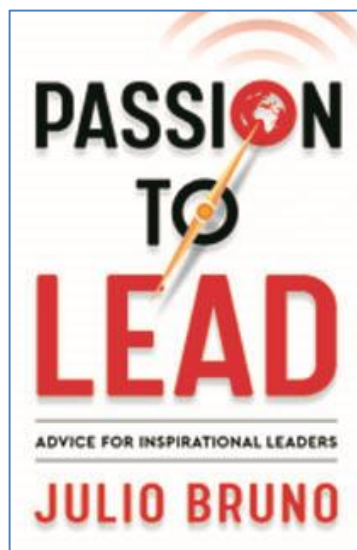
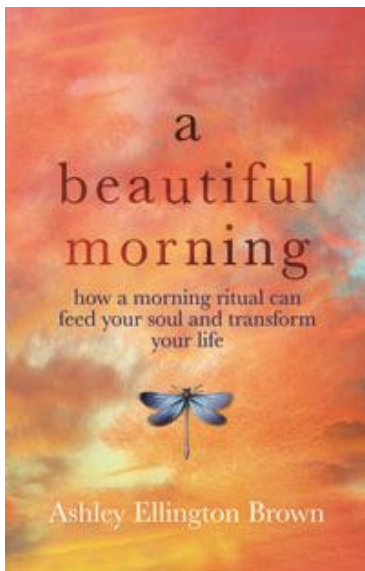
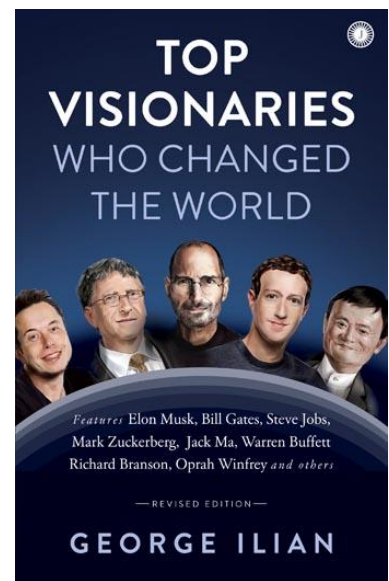
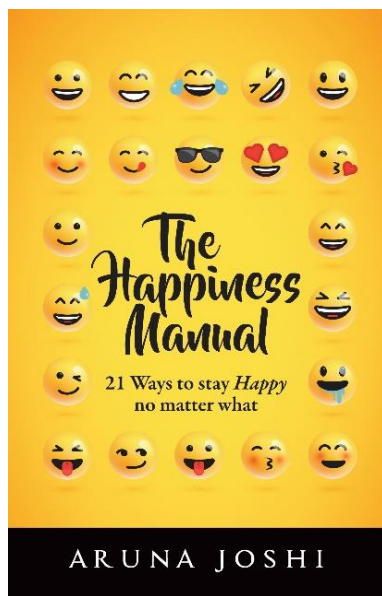
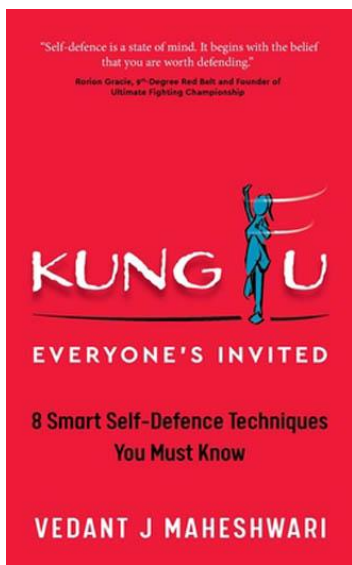


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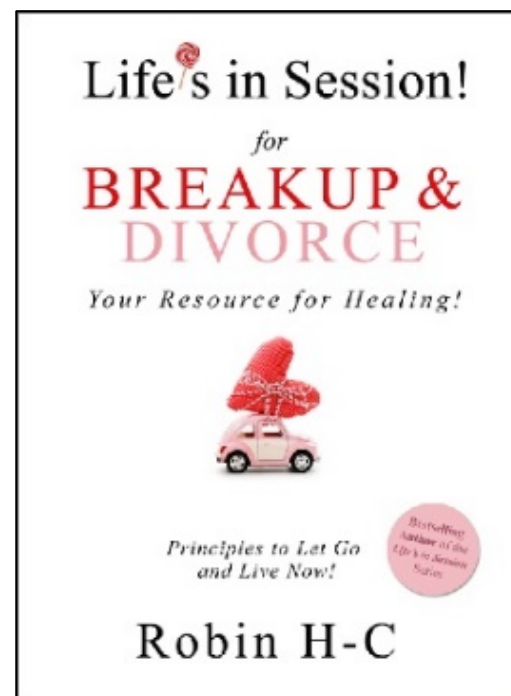
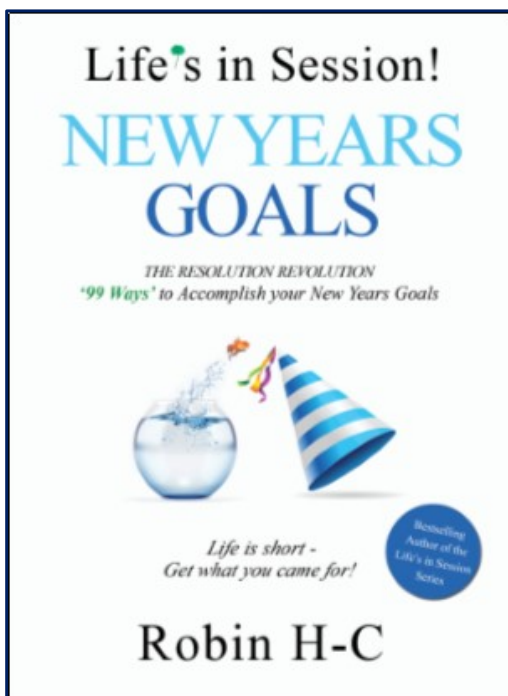
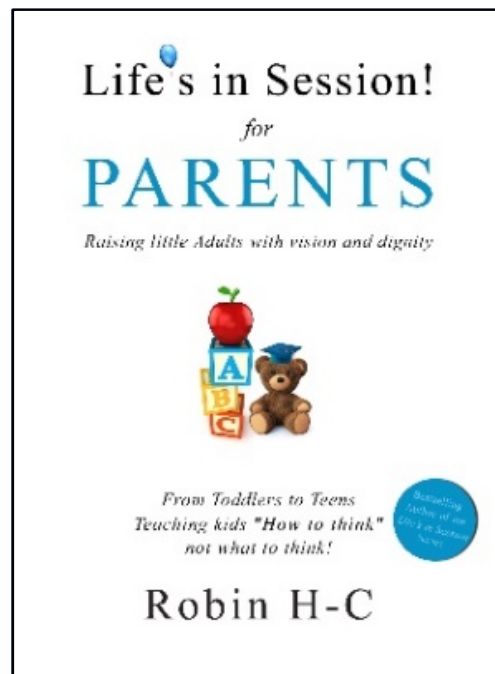
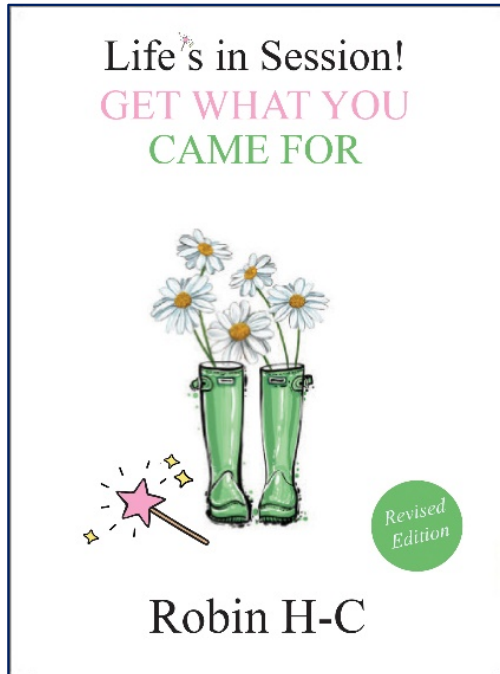
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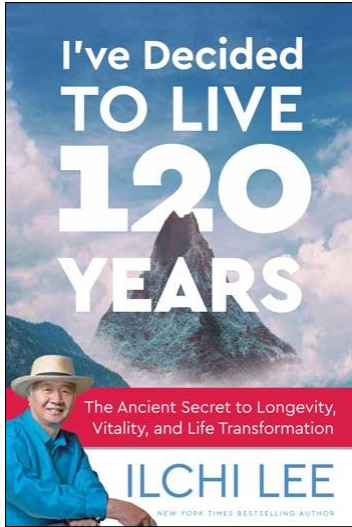
Life's in Session!

By offering practical advice and insights across various aspects of life, the “Life’s in Session!” series empowers readers to overcome challenges and achieve their full potential.

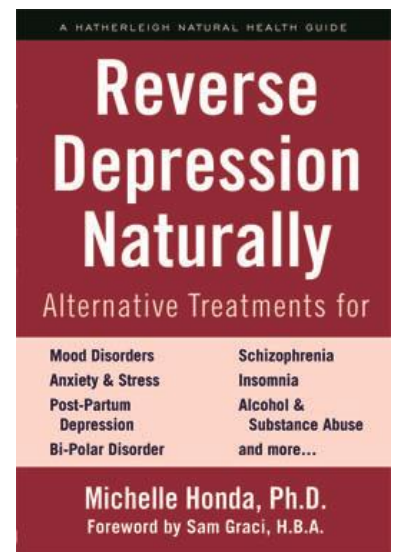
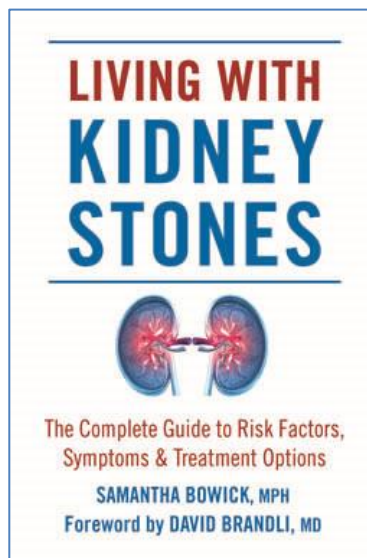
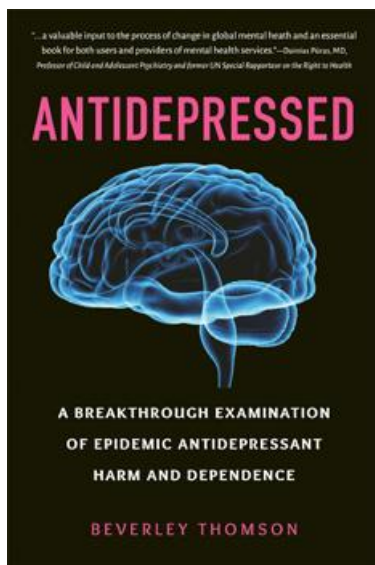
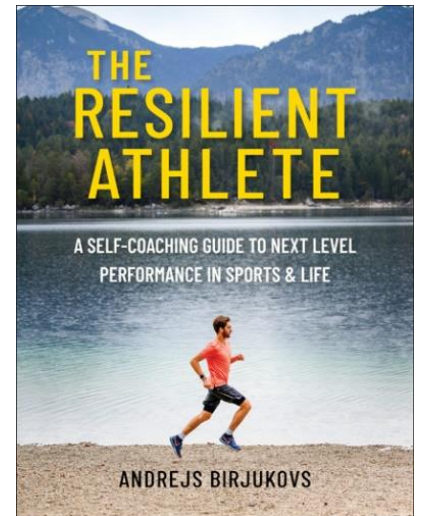
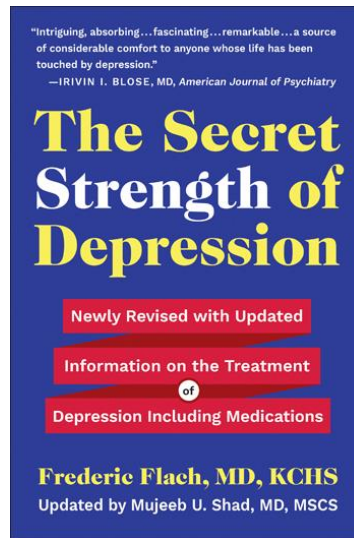
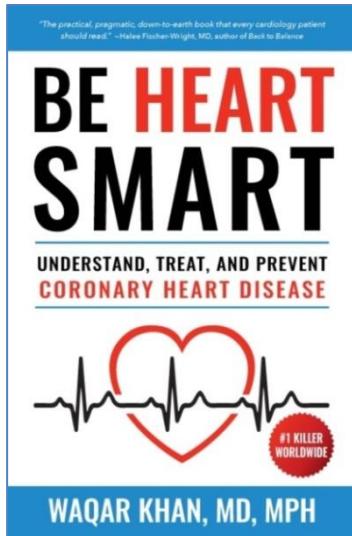
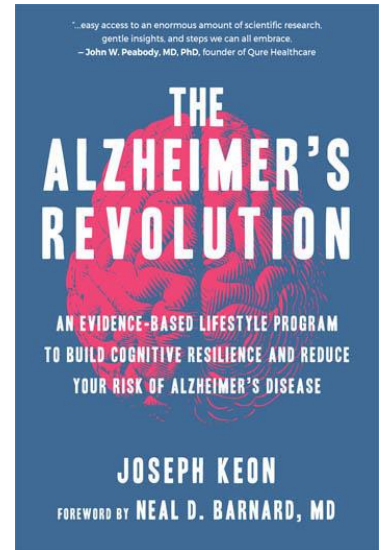
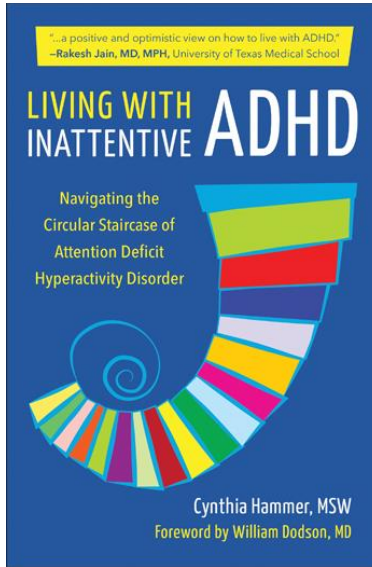


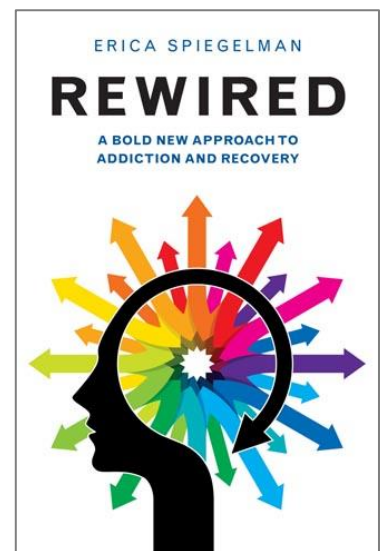
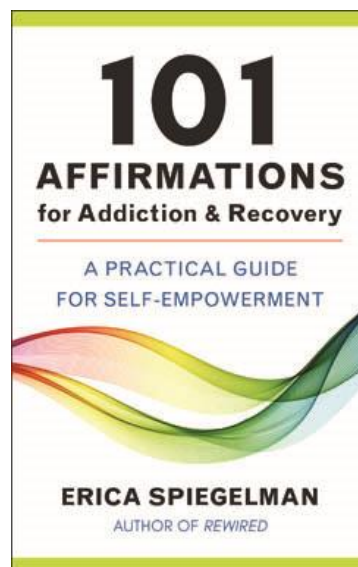
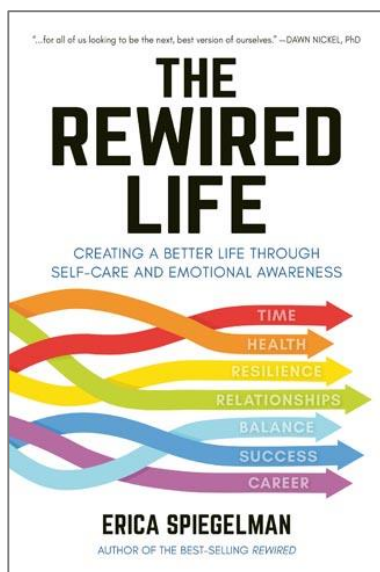
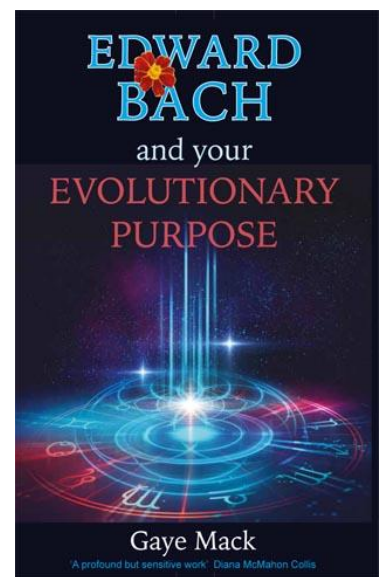
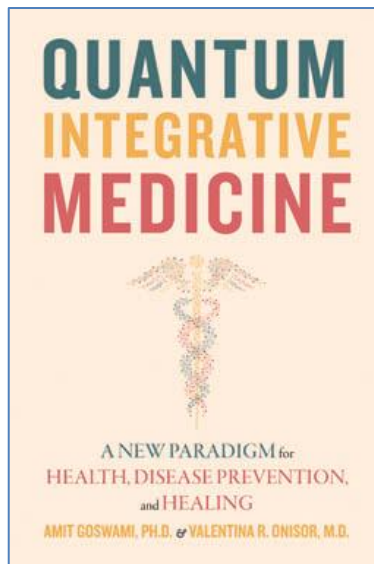
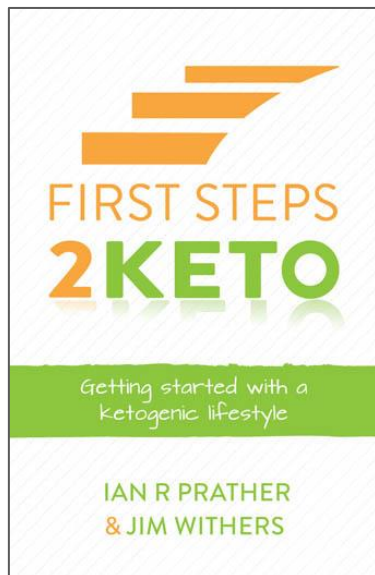
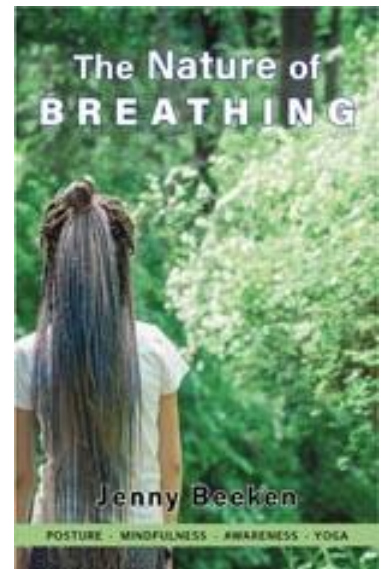
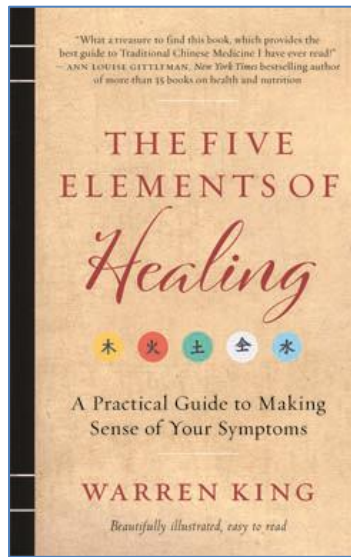
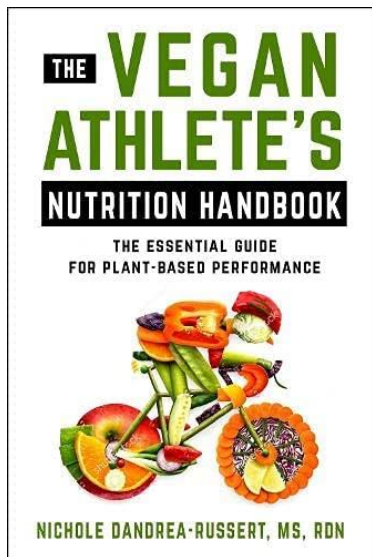
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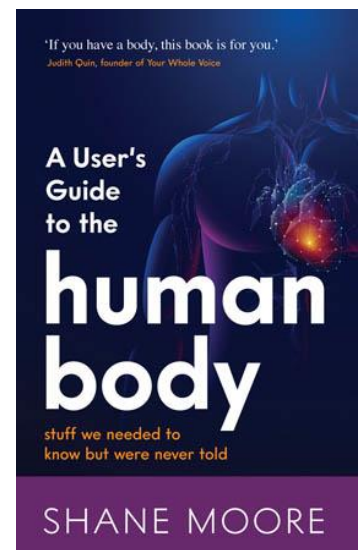
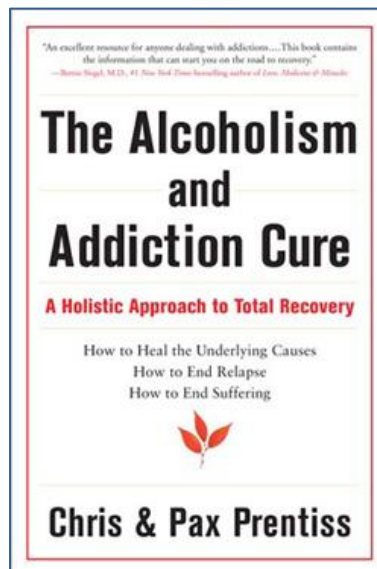
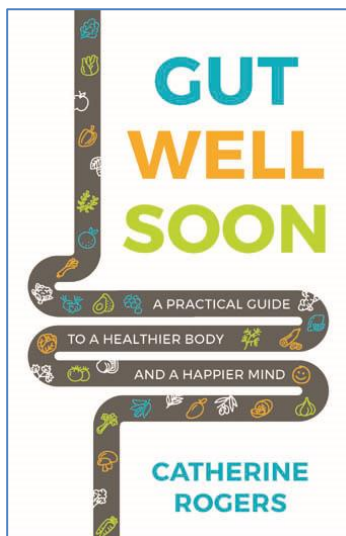
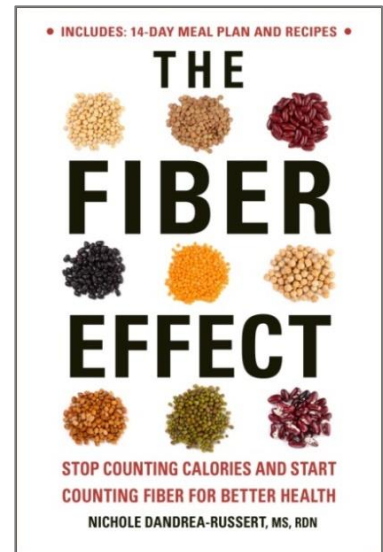
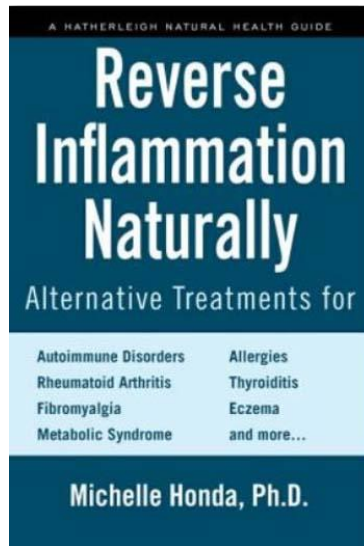
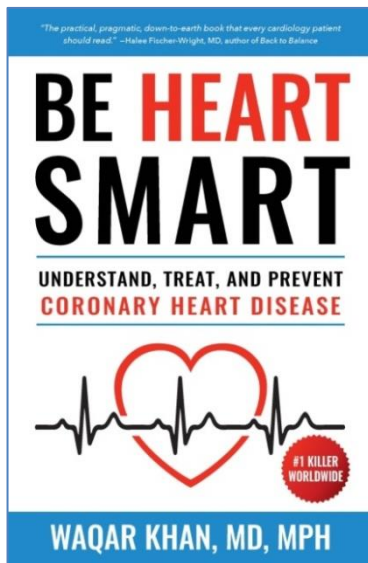
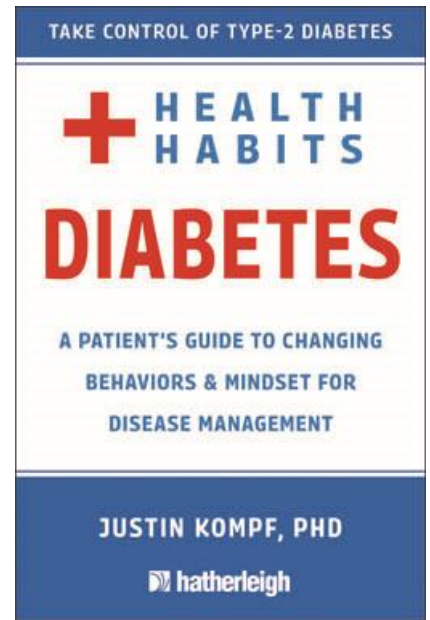
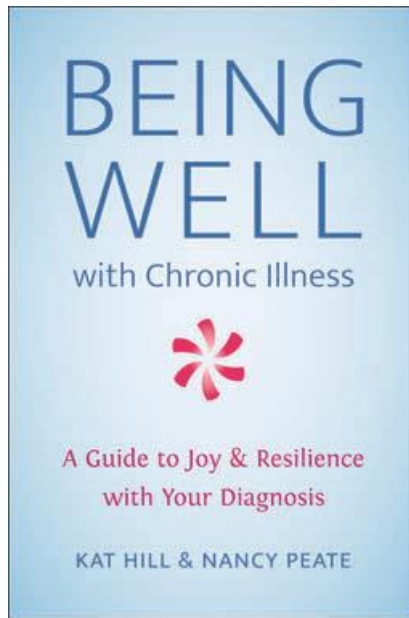
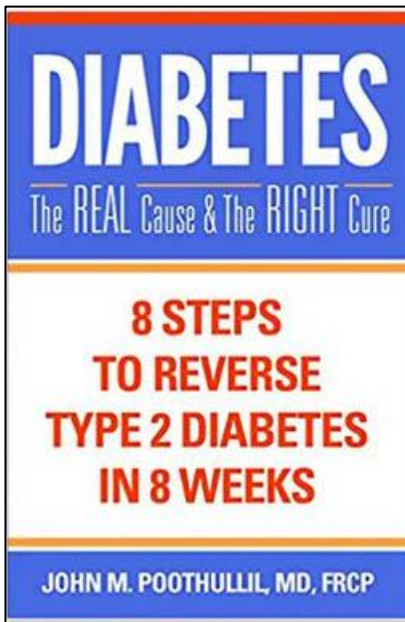
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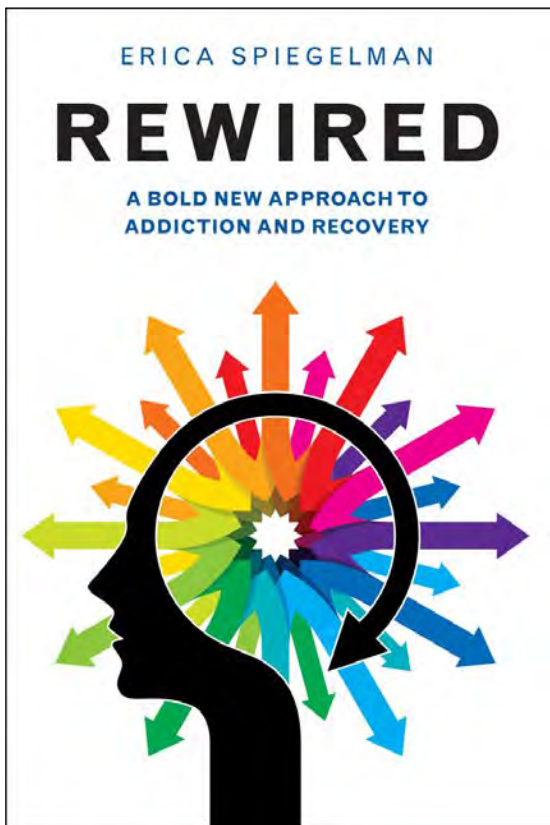


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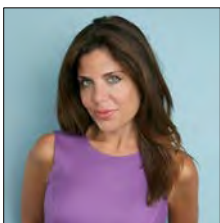
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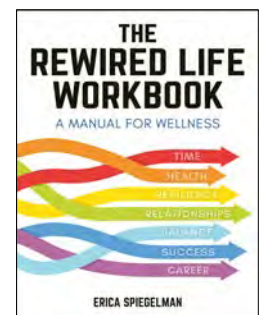
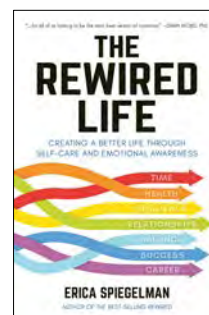
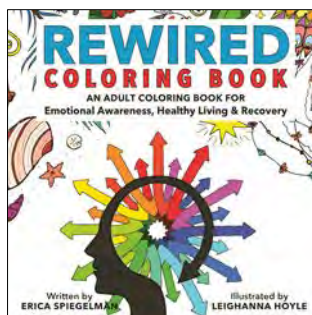
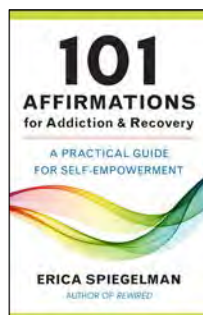
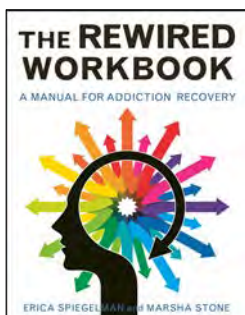
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Erica Spiegelman is an author, recovery and wellness specialist, and motivational speaker who works with individuals, couples, and families on personal growth and overall wellness. Erica is a California State Certified Drug and Alcohol Counselor (CADAC)-II from UCLA. A regular contributor to online health outlets, TV news shows, and host of Rewired Radio on RadioMD, Erica also writes for Maria Shriver. Learn more about Erica by visiting her website ericaspiegelman.com.

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