

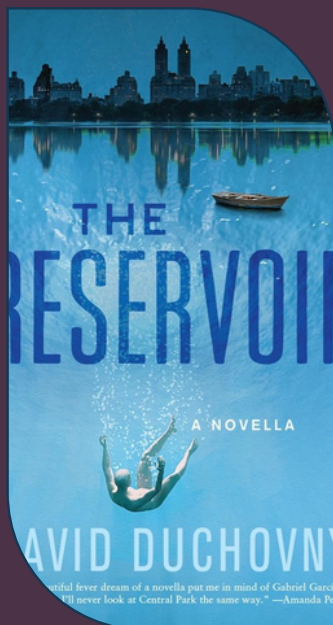
RIGHTS GUIDE

DUTCH RIGHTS SPRING 2025

BLACKBIRD
LITERARY AGENCY



A HEART FOR BOOKS



Akashic Books
Fiction

THE RESERVOIR - A NOVELLA

BY DAVID DUCHOVNY

The Reservoir is a twisted rom-com for our distanced time, when the merest touch could kill and conspiracy theories propagate like viruses - a contemporary union of *Death in Venice*, *Rear Window*, and *The Plague*. The book follows an unexceptional man in an exceptional time. We see our present-day pandemic world and New York City through the eyes of a former Wall Street veteran, Ridley, as he, in his enforced quarantined solitude, looks back upon his life. He examines his wins, his failures, the gnawing questions his career, his divorce, his estranged daughter - and wonders what it all means and who he really is.

'This intelligent effort further burnishes Duchovny's status as a gifted novelist.'
- Publishers Weekly

ADDITIONAL INFORMATION:

PUBLISHED 2022 - ISBN: 9781636140445 -
HARDCOVER - 128 PAGES
SOLD: LEBANON, BRAZIL, FRANCE, HUNGARY,
ROMANIA



FELONY JUGGLER

BY PENN JILETTE

In the early 1970s, Poe - a quick-witted young juggler from rural Massachusetts - abandons the talent shows of his childhood in favor of a nomadic life. He hops trains, hitchhikes, lives on the streets, sleeps rough, and juggles to feed himself. After roaming the country for a few years, Poe settles in Philadelphia and masters his street act before ever-growing crowds. In time, he runs all the busking around South Street like the don of a street-performing mafia. But his talent at manipulating crowds attracts the attention of a criminal organization who convince him to provide a diversion during a bank heist for a payday far greater than the coins he collects in his hat. Things go south, an innocent bystander is killed, and this peacelove talking hippie is now a felony murderer. He splits town and goes into hiding, but he can't resist the lure of the crowd, and resurfaces under a pseudonym in Hibbing, Minnesota, drawing large crowds as a regular performer at a Renaissance Fair(e). Unfortunately, his notoriety outs him to the criminal organization who believes he took something of importance from them during the heist. Using all of the wit and misdirection that has made him the best street performer anyone has ever seen, Poe must outsmart and outmaneuver them in order to return to the peaceful life of juggling. *Felony Juggler* is an accurate depiction of the streets and street performing in the 1970s.

ADDITIONAL INFORMATION:

PUBLISHED 2025 - ISBN: 9781636142388 -
HARDCOVER - 240 PAGES



Akashic Books
Fiction

THE LAST ELECTION

BY ANDREW YANG & STEPHEN MARCHE

This is a unique political thriller about an outlandish yet frighteningly possible scenario in America, during the crucial 2024 presidential election. Though it is fiction, it is a wake-up call to a country tearing itself apart. The story focuses on two characters: Mikey Ricci, a political operative who has lost faith in traditional structures following the bitter races of 2016 and 2020; and Martha Kass, the anonymous tip supervisor of the New York Times. In 2023, Ricci becomes the campaign manager of a third-party candidate who runs on a popular, centrist platform and whose frank and honest manner stands in stark contrast to the candidates of the two major parties. Ricci faces off against the massive machinery of both political parties, as well as their invested media and dark money supporters - the source of true power in America. Even so, the candidate's message begins to gain ground. In the meantime, Kass stumbles upon a plot by the current Joint Chiefs of Staff to seize power in the anticipated chaos of the coming election. She hopes it is too improbable to be taken seriously. Events unfold at the frenetic pace of the campaign trail, and Kass and Ricci become unlikely allies as they bear witness to what might be the end of America as a democratic republic.

ADDITIONAL INFORMATION:
PUBLISHED 2023 - PAPERBACK/HARDBACK -
ISBN: 9781636141497 - 280 PAGES

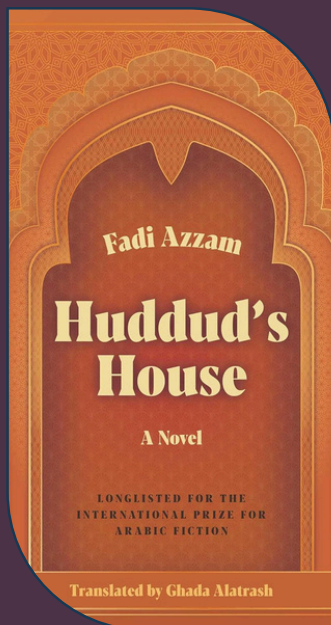


TELL THE REST

BY LUCY JANE BLEDSOE

Delie Barnes and Ernest Wrangham met as teens at Celebration Camp, a church-supported conversion therapy program--the dubious, unscientific, Christian practice meant to change a person's sexuality. After witnessing a devastating tragedy, they escaped in the night, only to take separate roads to their distant homes. They have no idea how each has fared through the years. Delia is a college basketball coach who prides herself on being an empowering and self-possessed role model for her players. But when she gets fired from her elite East Coast college, she's forced to return to her hometown of Rockside, Oregon, to coach at her high school alma mater. Ernest, meanwhile, is a renowned poet with a temporary teaching job in Portland, Oregon. His work has always been boundary-pushing, fearless. But the poem he's most wanted to write--about his dangerous escape from Celebration Camp--remains stubbornly out of reach. Both persist in the mission to overcome the consequences and inhumane costs of conversion therapy. As events find them hurtling toward each other once again, they both grapple with the necessity of remaining steadfast in one's truth, no matter how slippery that can be. Tell the Rest is a powerful novel about coming to terms, with family, history, violence, loss, sexuality, and ultimately, with love.

ADDITIONAL INFORMATION:
PUBLISHED 2023 - ISBN: 9781636140827 -
HARDCOVER - 320 PAGES



Drop Cap Agency
Fiction



HUDDUD'S HOUSE

BY FADI AZZAM

- Longlisted for the International Prize of Arabic Fiction

How far is love willing to travel in search of its own lost voice

When tyranny unleashes destructive forces that threaten to overwhelm a country, what are the effects on the lives and choices of ordinary humans? When citizens become inhabitants of a land of extremes, what do they do, to whom do they flee? Shadowing the days of Syria's Arab spring, Fadi Azzam's epic novel, *Huddud's House*—a haunting, contemporary novel rooted in the soil of Damascus, the oldest inhabited city in humanity—is a sprawling tale of love in time of war. Focusing on a quartet of characters torn between leaving and returning to Damascus, Azzam follows intertwining stories of love and violence to their boundaries.

ADDITIONAL INFORMATION:
PUBLISHED 2024 - PAPERBACK - ISBN:
9781623711153 - 320 PAGES

A GOOD PLACE TO LEAVE A LOVER

BY NICOLAS GATTIG

'...sensual, subversive, and masterful.' - Pamela Rotner Sakamoto, author

'A tour de force.' - Jim Nelson, author

'... the collection is precise and colorful...' - Damian Flanagan, author

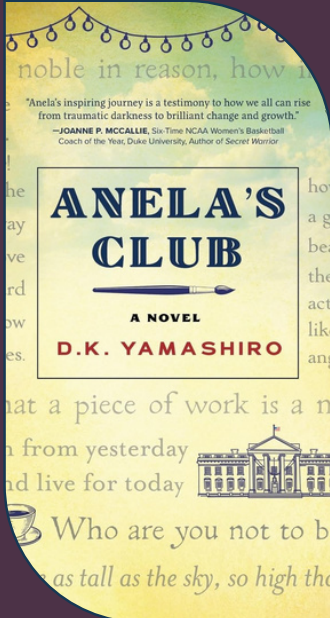
A story of how we need others to understand ourselves in the world.

An American woman in Tokyo is planning to leave her lover when a tragedy strikes the nation. In a lounge in the Ginza district, an expat pianist wonders if a room in the back helps desperate men start new lives. A Japanese woman in San Francisco is searching for a consulate staff member, who has vanished with a suitcase full of passports. Set in Tokyo and San Francisco, these stories are colorful postcards reporting from cultural intersections. A medley of voices and fresh takes on the expat experience, these intimately detailed portraits show American and Japanese characters enchanted with intercultural love while also facing the history they share.

ADDITIONAL INFORMATION:
PUBLISHED 2024 - ISBN: 9798888245279 -
HARDCOVER - 196 PAGES



Drop Cap Agency
Fiction



THE GOLDIE STANDARD

BY SIMI MONHEIT

- Pushcart Prize nominated author
- 2022 Pacifica Literary Review-winning author

A hilarious present-day take on a highly creative grandmother trying to find her Ph.D granddaughter a husband

Goldie Mandell is opinionated, assertive, and stuck in an Assisted Living Facility. But even surrounded by schleppers with walkers, pictures of sunrises, fancy fish tanks, and an array of daily activities to complement the tepid tea and stale cookies on offer, her salt-free plate is full. She's got a granddaughter to settle, an eager love interest named Harry to subdue, and precious memories of her happy marriage to fellow Holocaust survivor Mordy to draw upon. Maxie Jacobson is young, brilliant, and newly single, not by choice. When Maxie takes on the role of her grandmother's medical advocate, she has no idea Goldie operates with the purpose of securing Maxie with Dr. Right. Instead,

ADDITIONAL INFORMATION:
PUBLISHED 2024 - PAPERBACK - ISBN:
9781960573971 - 328 PAGES

A GOOD PLACE TO LEAVE A LOVER

BY NICOLAS GATTIG

- 2024 American Fiction Awards Finalist, Best New Fiction
- 2024 American Fiction Awards Finalist, Young Adult Fiction

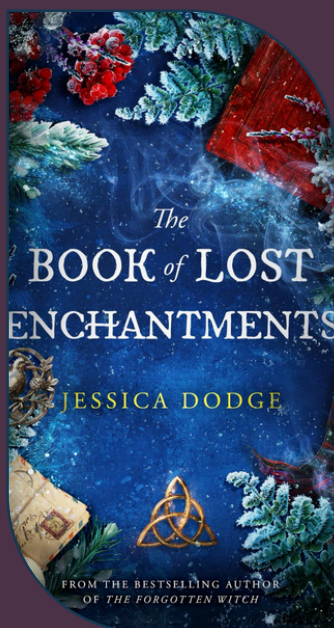
Anela's Club is a coming-of-age story about rising above tragedy and learning to view life through a lens of hope and love.

When Anela Lee's brother, Jake, dies on the football field, her family is shattered. Her parents never wanted her, and without her biggest cheerleader, she withdraws into her pain and insecurities. Even school, once a refuge, means nothing anymore. Only one teacher refuses to give up on her, pushing her to enter an essay contest that gives her a shot at Harvard. Still, self-doubt holds Anela back. Then a senator teaches her about the many world leaders who have used their childhood trauma to do great things. The hope that Anela can turn her pain into something beautiful gives her back her spark and encourages her to enter the contest.

ADDITIONAL INFORMATION:
PUBLISHED 2024 - ISBN: 9798888242223 -
HARDCOVER - 206 PAGES



Focused Artists
Fiction



THE FORGOTTEN WITCH

BY JESSICA DODGE

- Amazon Bestseller multiple times
- Finalist Indie Book Awards 2022
- 20 Million+ pages read on Kindle

Helen Kent never dares to step outside her comfort zone. She lives a lonely, mundane life in the city, grinding through her uninspiring marketing job. That is, until a spontaneous online purchase brings her to the little bay town of Oban, Scotland, where a 500-year-old cottage full of secrets and stories awaits her. After Helen unearths the local legend of a 16th century witch, she discovers a set of mysterious journals in the cottage's library. Thrust into a world of magic she doesn't understand, she soon realizes there are both light and dark forces at work beyond her control. With the help of a dashing Scottish neighbor and his wise grandfather, Helen discovers the link that connects her to the mysterious events unfolding at the cottage. But when the past collides with the present, she must face her fears and fight for what she believes in—that is if she hopes to unravel the mystery of Fernbeg cottage before darkness descends, again.

ADDITIONAL INFORMATION:
PUBLISHED 2022 - PAPERBACK - ISBN:
9781737696629 - 410 PAGES

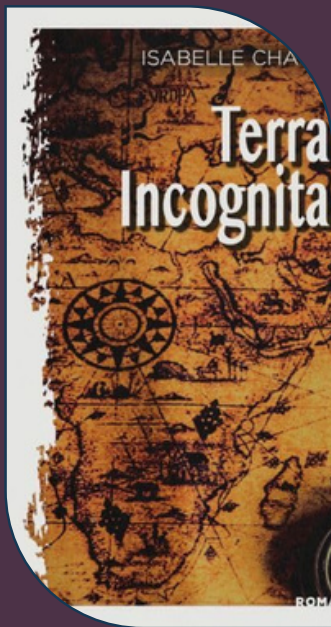
THE BOOK OF LOST ENCHANTMENTS

BY JESSICA DODGE

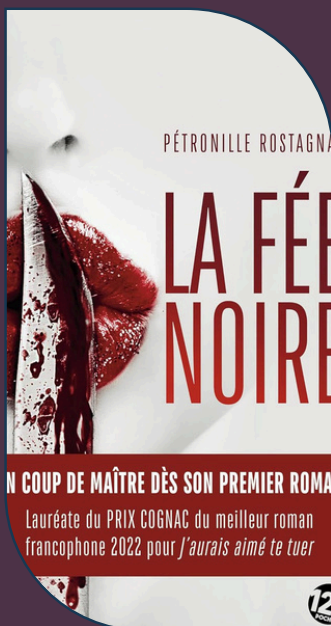
At twenty-nine, Nora Cameron's life feels adrift, her days are spent working in her parents' bakery, and her nights are spent alone watching Rom-coms. She yearns for something beyond her predictable existence, though she has no idea what that might be. That is, until fate intervenes, and Nora is swept into an unforeseen adventure to Scotland. Guided by her grandmother's cherished photo album from the 1940s, which documents her time spent as a medic-nurse in Scotland during World War II, Nora stumbles upon a mysterious old bookstore in Edinburgh. There, amidst the smell of old books and shelves lined with relics of forgotten lore, Nora's eyes fall upon a peculiar little red book. As she delves into its pages, strange and unexplainable events unfold, including a sudden snowstorm that strands her in the Highlands with a handsome but surly journalist named Alistair.

Snowed in and at odds with one another, Nora and Alistair struggle to get along. With little else to do but tend the fire, Nora immerses herself in the red book's tale of a young woman from centuries past, on a quest to save her grandmother and resist the pull she feels toward a dashing but aloof son of a Scottish Duke. As the days pass, stranded in the cabin, Nora discovers a box of letters with an eerie connection to her grandmother's past, uncovering a family secret buried deep in time. As the weather worsens and their supplies dwindle, bizarre events begin to escalate. With Alistair's help, Nora starts to unravel the mystery, but what she uncovers not only threatens to fracture her idea of reality but may place her and Alistair in mortal danger.

ADDITIONAL INFORMATION:
PUBLISHED 2024 - PAPERBACK ISBN:
9781965409008 - 482 PAGES



Leor Literary Agency
Fiction



TERRA INCOGNITA

BY ISABELLE CHAVY

- Translated into Italian by Giunti.
- A best-selling author, also published by Pocket.

1752. Jeanne Barret is an orphaned peasant girl from the Morvan region of France, who is lucky enough to be introduced to botany by an apothecary in Dijon, where she works as a housekeeper. It is there that she meets the famous naturalist Philibert Commerson. As a young widower, he urgently needs a nanny for his newborn son. Jeanne, clever and sharp, quickly becomes his secretary, his most trusted confidante and, ultimately, his lover. A love they cannot live out in the open. When Jeanne becomes pregnant, the couple move to Paris. There, Commerson rubs shoulders with the scientific elite of the time. He is soon asked to take part in a round-the-world expedition led by Antoine de Bougainville. An achievement he cannot imagine experiencing without Jeanne. As women are not allowed on board, she decides to dress as a man, and pass herself off as his valet. The journey ahead will be difficult and perilous for everyone, but especially for Jeanne...

ADDITIONAL INFORMATION:
PUBLISHED 2025 - PAPERBACK - ISBN:
9782298188370 - 424 PAGES

THE DARK FAIRY

BY PETRONILLE ROSTAGNAT

- 8,000+ copies sold.
- By the author winner of the Cognac Award for best Francophone novel in 2022 for "J'aurais aimé te tuer" (I would have enjoyed killing you) and of the Grand Prix de l'Iris Noir Bruxelles in 2023 for "Quand tu ouvres les yeux" (When you open your eyes).
- The author is a member of the "Les Louves du polar" (Ladies of crime fiction) collective, which aims to promote awareness of female crime fiction in France.

Versailles, France. July 2000. Three childhood friends, Capucine, Emma and Louise, meet at a bar to celebrate their school-leaving certificate results. Over a beer, they make a pact to become mothers before they turn 30. July 19, 2012. Twelve years later. Alexane Laroche, head of the Paris Crime Squad, pays Capucine a visit. Her friend Nathan has just been found brutally murdered and mutilated in a Place Vendôme parking lot. The letter "P" engraved on his left ring finger. July 24, 2012. Five days later. Capucine receives an enigmatic message, bearing obscure news: "Nathan is gone. You have a second chance... P."

ADDITIONAL INFORMATION:
PUBLISHED 2024 - ISBN: 9782376101635 -
PAPERBACK - 325 PAGES



THROUGH THE LOOKING GLASS

BY EDOUARD BRASEY

- A multi-awarded, bestselling author: 2006 Jury's Special Prize at Imagines d'Épinal, 2006 Claude Seignolle de l'Imagerie Award, 2009 Merlin Award.

In a remote part of the Berry region of France, Ariane Château, a 30-year-old nurse, is offered a job in a psychiatric hospital. She rents an old house, known as La Dérobade, which has been uninhabited for twenty years and is nestled in the heart of a forest on the banks of a pond. Upon her arrival, she is overwhelmed by a strange sense of déjàvu, particularly in a child's bedroom where hangs a huge antique mirror. Ariane discovers that the former owner, now a patient in the closed section of the hospital, had been suspected of child abduction, avoiding prison with a diagnosis of insanity. When her daughter comes to visit during her vacation, a number of strange events occur: a man seems to break into the house and watch them as they sleep, before disappearing through the looking glass. One night, horror strikes: her daughter disappears. Plunged into a spiral of terror, Ariane must face her deepest fears to find her child.

ADDITIONAL INFORMATION:
PUBLISHED 2024 - PAPERBACK - ISBN:
9782376101512 - 340 PAGES

Leor Literary Agency
Fiction



RETIRED KILLER LOOKING FOR OFF JOBS

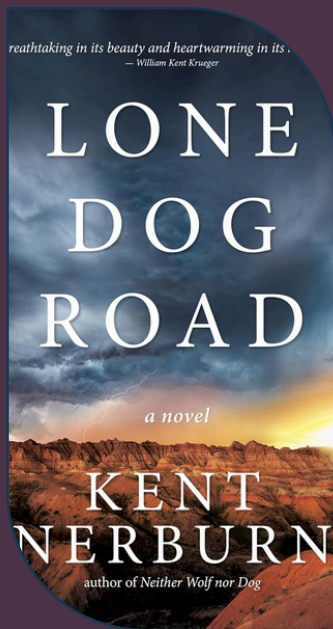
BY JEAN-MICHEL LEBOULANGER

- An author winner of the 2022 Polar normand award and the 2022 Polars de Nacre award.
- A must-read for fans of Expendables.
- A bulletproof novel that cheerfully smashes society's rules.
- A crazy, adrenaline-filled revenge story.

After ten years away, Darius Blaski, the legendary leader of the prestigious Kashmir Squad, comes out of retirement to carry out one last trick with his former team-mates. One so twisted, so improbable and so machiavellian, it just might work. The most beautiful project for an ultimate finale. The veterans have unrivalled experience. Despite arthritis, diabetes and being overweight, they still run on adrenaline.

Jean-Michel Le Boulanger is a novelist, musician and photography enthusiast. He has traveled extensively around the world. His most beloved country is Japan, where he has visited on many occasions and whose culture he has immersed himself in.

ADDITIONAL INFORMATION:
PUBLISHED 2024 - ISBN: 9782382112380 -
PAPERBACK - 378 PAGES



New World Library
Fiction

LONE DOG ROAD

BY KENT NERBURN

- Nerburn is a two-time winner of the Minnesota Book Award

Two young Lakota boys, ages eleven and six, huddle in a boxcar hurtling through the prairie night as they run from a government agent sent to take them to an Indian boarding school. But what begins as a pursuit soon becomes a complex human drama of intersecting lives as the boys make their way across the vast Dakota plains to the pipestone quarries of western Minnesota to replace their great-grandfather's channunpa, or sacred pipe, that was broken by the government agent. Alive with a rich tapestry of characters the boys meet along their journey, *Lone Dog Road* is at once an exploration of the hidden corners of the human heart and a moving study of the way the land shapes the people who live, love, dream, and die upon it. Sprawling, complex, and intimate, *Lone Dog Road* is destined to take its place in the grand tradition of great American road novels.

ADDITIONAL INFORMATION:
TO BE PUBLISHED 2025 - PAPERBACK - ISBN:
9781608689941 - 396 PAGES



Akashic Books
Non-Fiction

THE ROYAL WE - A MEMOIR

BY RODDY BOTTUM

This is a memoir written by Roddy Bottum, a musician and artist, that documents his coming of age and out of the closet in 1980s San Francisco, a charged era of bicycle messengers, punk rock, street witches, wheatgrass, and rebellion. The book follows his travels from Los Angeles, growing up gay with no role models, to San Francisco, where he formed Faith No More and went on to tour the world relentlessly, surviving heroin addiction and the plight of AIDS, to become a queer icon. The book is much more than a tell-all. There are personal tales of historical pinnacles like Kurt and Courtney, Guns N' Roses, and recaps of gold records and arena rock—but it's the testimonies of tragedy and addiction and preposterous life-spins that make this work so unique and intriguing. Bottum writes about his dark and harrowing past in a clear-eyed voice that is utterly devoid of self-pity, and his emboldened and confident pronouncements of achievement and unorthodox heroism flow in an unstoppable train that's both captivating and inspirational.

ADDITIONAL INFORMATION:
TO BE PUBLISHED 2025 - HARDBACK - ISBN:
9781636142692 - 272 PAGES



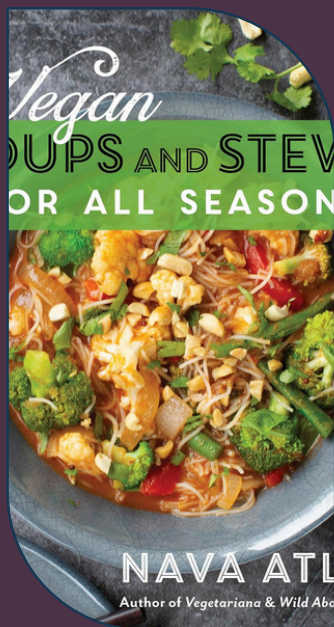
THE DOORS UNHINGED

BY JOHN DENSMORE

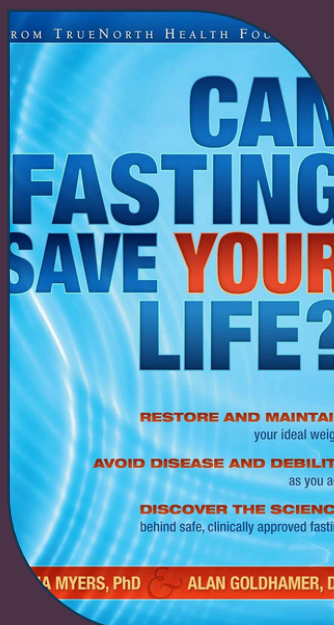
In this book the author and legendary Doors drummer John Densmore offers a powerful exploration of the "greed gene"—that part of the human psyche that propels us toward the accumulation of more and more wealth, even at the expense of our principles, friendships, and the wellbeing of society. This is the gripping account of the legal battle to control The Doors's artistic destiny. In it, Densmore looks at the conflict between his bandmates and him as they fought over the right to use The Doors's name, revealing the ways in which this struggle mirrored and reflected a much larger societal issue: that no amount of money seems to be enough for even the wealthiest people. In recent years, artists ranging from Bob Dylan to Stevie Nicks have sold their songs or recording rights for astronomical amounts of money—Bruce Springsteen did so to the tune of a reported \$500+ million.

'When you read in these pages about the difficulties in communication suffered by and between surviving band members, you become witness to something very similar to the grief and heartbreak felt by parents who have lost a young child. It wasn't just Jim Morrison that they lost, but their kid, their band, The Doors. Though it's something I don't like to think about, there will come a time when I will be a Dead Rock Star. I can only hope that in my inevitable absence there will be someone with the integrity and principled behavior of Mr. Densmore looking after whatever legacy our group may leave behind.' - Eddie Vedder

ADDITIONAL INFORMATION:
PUBLISHED 2023 - ISBN: 9781636141558 -
HARDCOVER - 296 PAGES



Book Publ. Company
Non-Fiction



VEGAN SOUPS AND STEWS FOR ALL SEASONS

BY NAVA ATLAS

Revised and updated with new recipes and dozens of gorgeous full-color photos, bestselling author Nava Atlas presents the fifth and ultimate edition of *Vegan Soups and Stews for All Seasons*. Starting its life as a diminutive hand-illustrated vegetarian cookbook in 1992, it gradually went vegan, as Nava did. The book's staying power is a testament to the universal love for soups. A good bowl of soup evokes warmth and comfort. With a bit less liquid and a tad more chunkiness of texture, the result is stew - a savory and satisfying one-pot meal. From hearty, warming stews to fruity dessert soups, Nava ladles out more than 120 delectable recipes. Each chapter highlights the best produce available in its season. Fall celebrates the harvest, winter focuses on heartiness, spring lifts the palate, and summer is all about freshness. Whether you are looking for a colorful global stew or a refreshing cold elixir, there is something for every soup lover on these pages.

ADDITIONAL INFORMATION:
PUBLISHED 2024 - PAPERBACK - ISBN:
9781737133414 - 212 PAGES

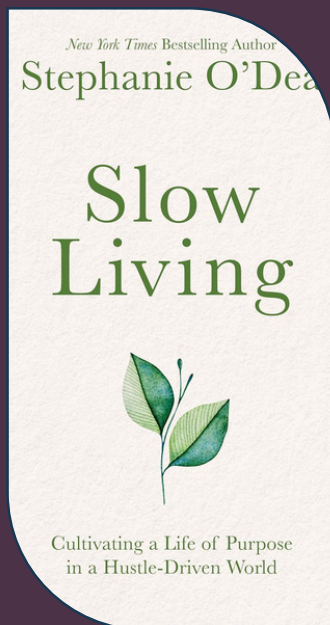
THE DOORS UNHINGED

BY JOHN DENSMORE

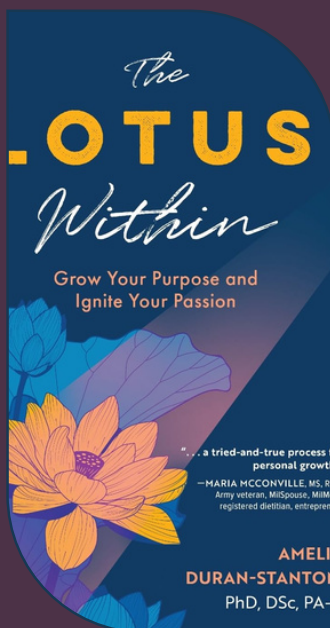
'Can Fasting Save your Life? is the best book about fasting available. It offers clinical insights and is a clarion call to the research community to study this neglected lifestyle intervention.' - **Michael Greger, MD**, Author of *How Not to Die* and founder of [Nutritionfacts.org](https://nutritionfacts.org)

Discover how more than 25,000 patients who underwent water-only fasting at TrueNorth Health Center experienced results that were nothing short of miraculous. A primer on the different types of intermittent and prolonged fasts, in-depth coverage on how fasting reverses metabolic disorders, hypertension, and obesity, and evidence on the safety of fasting are among the topics that the authors present. Also addressed is the connection between eating highly processed foods and visceral fat and chronic disease and the importance of improving diet and lifestyle choices in order to maintain the benefits gained from fasting. Meticulously researched, this book shines a light on this amazing natural and successful approach to restoring and maintaining health.

ADDITIONAL INFORMATION:
PUBLISHED 2024 - ISBN: 9781570674198 -
HARDCOVER - 184 PAGES



Drop Cap Agency
Non-Fiction



SLOW LIVING

BY STEPHANIE O'DEA

- New York Times Bestselling author
- How-to guide on creating the life you've always dreamt about

This book will help readers reject hustle culture and develop the practical skills to slow down.

In *Slow Living*, Stephanie O'Dea takes her famous slowcooking tips from the crockpot to everyday life to help readers reject hustle culture and develop the practical skills to slow down. *Slow Living: Cultivating a Life of Purpose in a Hustle-Driven World* is a how-to guide on creating the life you've always dreamt about—one filled with purpose, abundance, and a sense of inner peace. Combining stories from her own life and childhood, along with real client testimonials and transformations from her work as a life coach, O'Dea gives readers actionable steps to envision their future and create long-term, sustainable success in their everyday lives.

ADDITIONAL INFORMATION:
PUBLISHED 2024 - PAPERBACK - ISBN:
9781962435079 - 224 PAGES

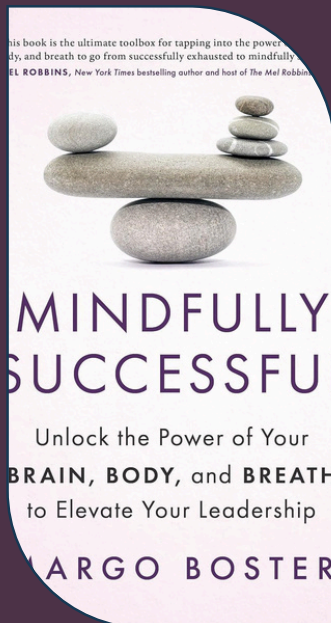
THE LOTUS WITHIN

BY AMELIA DURAN-STANTON

Develop the necessary skills to achieve a fulfilling and balanced life.

LOTUS stands for Life of Timeless Unbound Strategies. Designed for busy professional women, the transformative concepts take you on a journey of self-discovery and reflection, guiding you to find your ikigai and align your actions with your long-term goals. Reflect on your past self, assess your current state, and craft a vision for the future as you delve into the depths of strategic planning, prioritization, and time management. With practical exercises and actionable steps, the concepts empower you to become a master of your own time, make confident decisions, and prioritize yourself, guilt-free. Your journey toward a purpose-driven, balanced, and fulfilling life starts here

ADDITIONAL INFORMATION:
PUBLISHED 2024 - ISBN: 9798888245514 -
HARDCOVER - 170 PAGES



Drop Cap Agency
Non-Fiction



MINDFULLY SUCCESSFUL

BY MARGO BOSTER

- Move through life and work with greater ease, confidence, and authority
- A guide to using the power of your brain, body, and breath to enhance your leadership from the inside out

This book is an illuminating, evidence-based, and counter intuitive guide to learning how to embrace and harness the natural functions of your brain, body, and breath to elevate your life and leadership. The wisdom in this book offers solid, practical ways to get off the high-speed leadership treadmill that can impair relationships and leave you feeling physically, mentally, and emotionally spent. Executive coach Margo Boster's rich framework draws from decades of research on cutting-edge neuroscience, experience as a tech executive, and deep study of yoga and mindfulness practices. Hundreds of her clients have successfully employed these science-informed techniques.

ADDITIONAL INFORMATION:
PUBLISHED 2025 - HARDBACK - ISBN:
6465561383678 - 164 PAGES

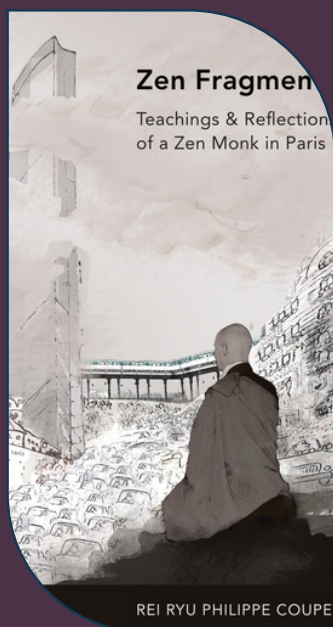
ANY BODY CAN HEAL

BY SARA DAVIDSON

From survivor to psychotherapist-one woman's path to triumphing over trauma by understanding how the brain's brilliant protective mechanisms helped keep her alive.

Sara Davidson explores one of life's devastating but all too pervasive realities- trauma, and its rippling aftereffects. By her mid-thirties, Sara Davidson had fled a tsunami, fought off a knife-wielding thief and survived a horrific sexual assault by two masked gunmen who burst through her bedroom door in the middle of the night. As she was struggling to confront her own trauma, she was also helping her clients navigate theirs. At one point, she thought she had recovered. However, it was only after delving into the neuro scientific literature on trauma and discovering how her brain had protected her in her darkest hour that she found her way to true healing.

ADDITIONAL INFORMATION:
PUBLISHED 2025 - PAPERBACK - ISBN:
9781964721019 - 264 PAGES



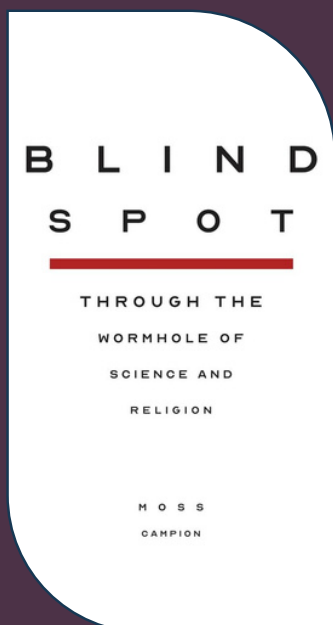
HBG Productions
Non-Fiction

ZEN FRAGMENTS

BY REI RYU PHILIPPE COUPEY

Zen Fragments is a concise, lively presentation of the teachings of Rei Ryu Philippe Coupey, a Western Zen monk firmly rooted in the modern world. The book is based on 8 years of oral teachings given during zazen at the Paris dojo, Seine Zen, or in various retreats organized in France and Germany from 2003-2010. These teachings are supplemented by a series of essays written directly by the author and touching upon more personal and often poetic subjects, all of which enhance the core of the teaching he so brilliantly represents. Philippe Coupey is American born, but first encountered the practice of Zen Buddhism in France through the Japanese monk Taisen Deshimaru. Philippe Coupey constantly suggests that, as is true within the most ancient traditions, we experience this new spirit for ourselves. The underlying message here is not to cling to the extremes left/right, good/bad, love/hate, etc. which only leads to the separation of one thing from another, and is the origin of many of society's biggest problems today.

ADDITIONAL INFORMATION:
PUBLISHED 2025 - PAPERBACK - ISBN:
9781942493983 - 210 PAGES

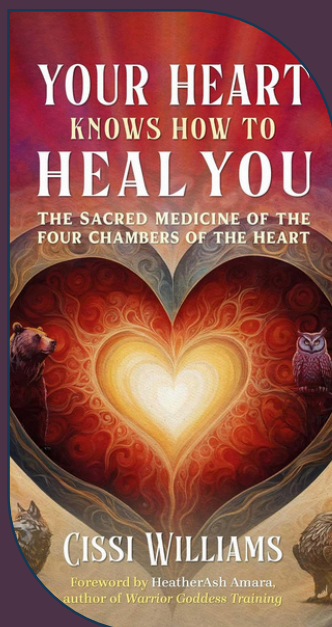


BLIND SPOT

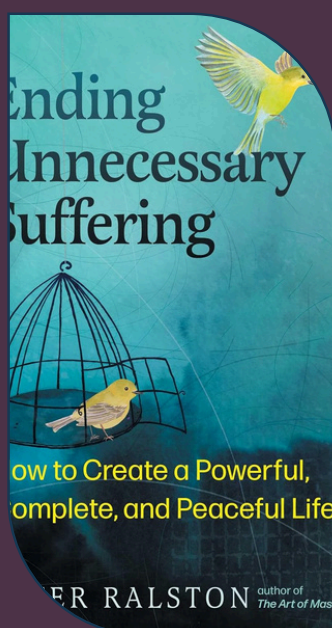
BY MOSS CHAMPION

Blindspot exposes the unseen distinctions that exist among the ways that people seek the Big Answers to the questions posed by life, the universe, and everything. When most people speak about God or Truth or the Divine, Champion asserts, they aren't actually talking about anything divine or godly at all--whether they are believers, unbelievers or undecided. Whatever their posture toward these matters, they betray an almost universal "unseeingness" about what the entire spiritual enterprise is actually about--its rules, codes, even its final aim. They are blind to what the great sages of the world's religious and philosophical traditions have pointed to forever--which also happen to converge with the discoveries of contemporary science as it grapples with the nature of consciousness. At its core, this book is about the blind spot that prevents us from knowing who we are. In revealing this obliviousness, the author dives into the perspective that is commonly known as "nonduality," the principle that lies at the core of all world wisdom traditions, including the scientific ones.

ADDITIONAL INFORMATION:
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9781942493945 - 174 PAGES



Inner Traditions
Non-Fiction



YOUR HEART KNOWS HOW TO HEAL YOU BY CISSI WILLIAMS

Awaken the wisdom of your heart for healing, rebirth, and transformation.

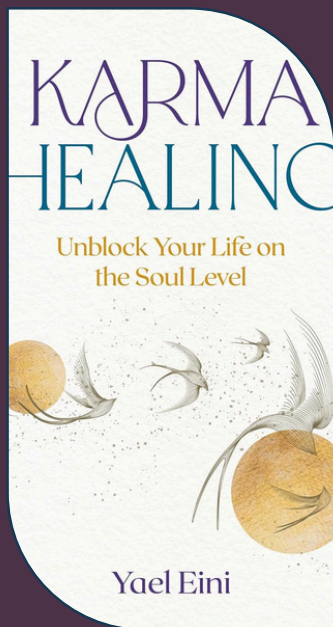
For many women reaching midlife, and the changes that come with it, the disconnect between heart and head takes center stage, revealing the life dissatisfaction that comes from ignoring your heart's wisdom. Cissi Williams experienced this firsthand when, at the age of 51, her heart literally stopped. Recognizing this as a lesson, she listened to what her heart had to teach her, learning to heal not just her body but her life too. Sharing the teachings of her healing transformation, Cissi invites you on a shamanic journey to connect deeply with the four chambers of the heart and the ancient wisdom of spirit animal guides and Goddess archetypes, including Persephone, Inanna, Mary Magdalene, the Valkyries, Freya, Hecate, and Cerridwen. Presenting nine powerful shamanic journeys alongside transformative exercises, chakra work, and visualizations, Cissi guides you through a feminine heart-centered initiation, allowing you to transform your wounds into wisdom, reclaim your authentic power, and awaken your inner Wise Woman.

ADDITIONAL INFORMATION:
PUBLISHED 2025 - PAPERBACK - ISBN:
9798888502044 - 256 PAGES

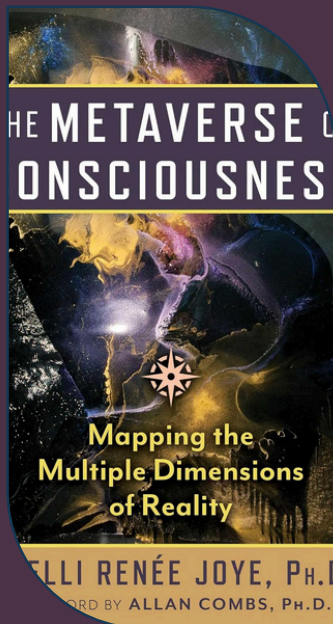
ENDING UNNECESSARY SUFFERING BY PETER RALSTON

Most of us believe that suffering is inevitable. Stress, shame, depression, grief, loneliness, disappointment, the feeling that life is incomplete—every negative experience contributes to the emotional and psychological pain that impedes our ability to live happy, fulfilling lives. But what if most suffering could be avoided? Is there an antidote to inner turmoil that can be learned and applied to everyday life? In this groundbreaking work, Peter Ralston reveals how to free yourself from mentally created suffering. He explains how most creatures don't experience suffering like we do. Exploring the dynamics of the mind that set the stage for distress and get us into trouble, he explains how mental states of suffering are created, how to recognize when you cause them, and how to control your mind in order to stop suffering-inducing thought patterns and beliefs. Sharing contemplative practices and exercises to help you end your inner turmoil and foster growth, awareness, and freedom, Ralston provides an empowering way to create a more complete, powerful, and peaceful life experience.

ADDITIONAL INFORMATION:
PUBLISHED 2025 - PAPERBACK - ISBN:
9798888501184 - 256 PAGES



Inner Traditions
Non-Fiction



KARMA HEALING

BY Yael EINI

Embark upon a transformative journey to heal your karma on the soul level. Sharing practical techniques and illuminating stories, author Yael Eini explores the intricate web of karmic patterns and soul lessons that shape our lives as well as provides guidance on releasing past traumas, dissolving limiting beliefs, and rewriting soul contracts. Exploring the concept of karma and its profound impact on our present lives, Eini explains how to identify and work through soul lessons, past life experiences, reincarnation patterns, and the karmic knots holding you back. By understanding and resolving these deep-rooted issues, you can align with your soul's purpose and unlock your true potential. The author details the transformative power of Karmic Constellations, a method she developed, which combines elements of energy healing and of family constellations to intuitively engage with past lives, soul contracts, and soul lessons. Through real-life examples, the author illustrates how understanding and working with Karmic Constellations can facilitate profound self-transformation and healing.

ADDITIONAL INFORMATION:
TO BE PUBLISHED 2025 - PAPERBACK - ISBN:
9798888502594 - 208 PAGES

THE METAVERSE OF CONSCIOUSNESS

BY SHELLI RENÉE JOYE, PH.D.

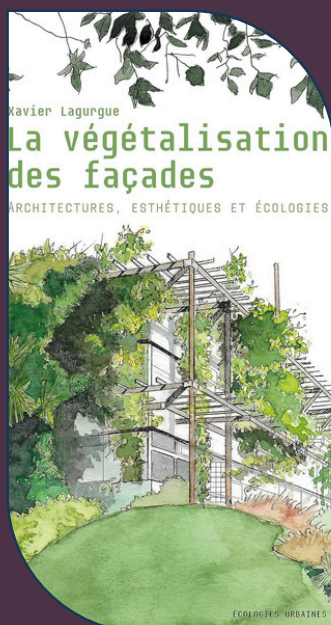
An exploration of the entirety of the conscious universe

In her new book, Shelli Renée Joye, Ph.D., explains how the “metaverse”—as this wider universe is now coming to be known—is rooted in one interconnected consciousness, encompassing not only all of space and time, but also those previously unknown dimensions that have been detected by recent experiments at the world's largest high-energy particle collider in Switzerland. The book offers maps with which to visualize, enter, and explore a multitude of transcendent, non-spatial, non-temporal states and stages of consciousness currently being pioneered by contemporary psychonauts. These detailed maps paint a picture of vast networks, webs of interlinked consciousness forming a single universal psyche. Joye integrates the ideas of modern scientist-philosophers who view reality as a projection of a single multidimensional consciousness: Carl Jung and his concept of the psychoids, Pierre Teilhard de Chardin and his vision of an integrated noosphere of consciousness, and the quantum maps to consciousness developed by David Bohm. The book culminates with a call to explore transcendental consciousness by developing and following our own uniquely personal paths with which we too can enter the wider dimensions of awareness in the metaverse.

ADDITIONAL INFORMATION:
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9798888500125 - 320 PAGES



Leor Literary Agency
Non-Fiction



PARENTS, FORGIVE YOURSELVES!

BY MARIE COSTA

Education is not a passing exam, nor a grid of criteria to be met, but human relationships, words, actions, sorrows and joys. Education is not learned in a training course, and there is no qualification to validate it: each parent learns through his/her child's contact. Education is passed on, enlivened, invented and told. What if we finally stopped feeding this tendency to make parents feel guilty by taking into account the complexity of family relationships, by assuming that they can be built on the pain of the past and that all happiness also implies failures and shortcomings? This book helps parents take the drama out of the situation, accept and embrace imperfections in an education full of pitfalls. Learn to be yourself as a parent, and not as society would like you to be. Try just once to unlock things, to break out of the negative mindset, the doubt and the guilt. You are not perfect, neither are the others! From this observation, everyone tries to do his best according to his possibilities.

ADDITIONAL INFORMATION:
PUBLISHED 2022 - PAPERBACK - ISBN:
9782382110508 - 158 PAGES

GREENING BUILDING FACADES

BY XAVIER LAGURGUE

In an urban topography predominantly made up of traffic lanes and mineral spaces, the network of parks and gardens inherited from the 19th-century city is no longer sufficient to satisfy the need of nature felt by city dwellers. Green walls are multiplying, windows and balconies are being lined with pots, spontaneous plants invading walls are viewed with growing curiosity, and urban buildings as a whole are preparing to welcome flora and fauna from which they have until now sought to protect themselves from it. A veritable reversal of perspective is at work in the way we consider non-human living things as subjects living alongside us. This book presents the different ways in which facades can be revegetated, which are approached as a privileged interface between city dwellers and their environment. What are the various forms of contemporary greening, and what techniques are involved, from the simplest to the most sophisticated? Why and how are we greening our walls and balconies? How has aesthetics become a question of ecology in human environments?

ADDITIONAL INFORMATION:
PUBLISHED 2023 - PAPERBACK - ISBN:
978284398717 - 192 PAGES



Verlag Mainz
Non-Fiction

DER ENDLICHKEIT EIN ENDE

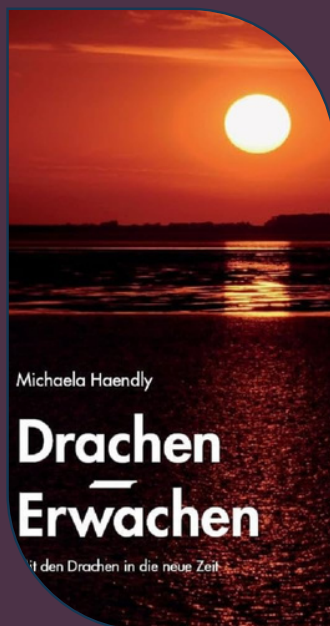
BY ELISABETH FREITAG

Souls that love each other will never be separated by death. Loneliness only exists in the world of the visible. In us, where the ghosts meet, we are never truly alone.

Emma Lillit is a doctor and works in palliative care, a job that is at the same time a calling for her. With her adopted cat Truffel she shares a comfortable and secure life of somewhat meaningless drifting. Until bistro owner Jacques Jacand stumbles into her life. And the unfolding tender relationship between the two starts to blur the borders between living and dying ...

Author Elisabeth Freitag was born in 1984 in Erfurt. She grew up in the former DDR. And studied medicine in Gießen with a specialization in the fields of internal and palliative medicine. Her novel about the life and becoming of Emma Lillit is her debut as a writer.

ADDITIONAL INFORMATION:
PUBLISHED 2021 - PAPERBACK - ISBN:
9783948108526 - 402 PAGES



DRACHEN-ERWACHEN

BY MICHAELA HAENDLY

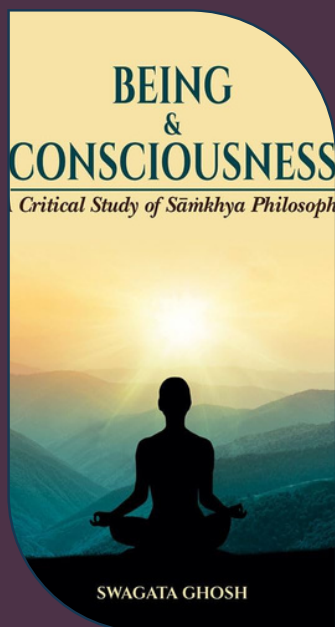
When these verses you hear, they are already near ...

Author Michaela Haendly takes you on a journey into your heart. Feel the magic and emotions of her poems that are interwoven with the energy field of the dragons. And find inspiration, trust and the bravery to recognize yourself and the parts of you that are still hidden.

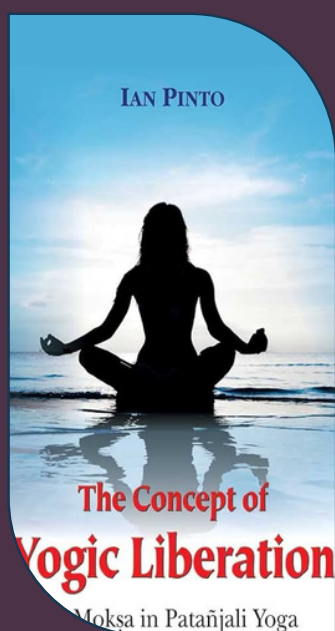
Dragons guard treasures – yours as well. So go on a hunt for your true power and destiny. Say »Yes« and take the path to light and the knowledge, that you are at all times protected and carried by their love.

Everything starts with you. If you heal on the inside, only then can the outside heal as well. That is the core of their message and the sign that leads to a new, golden era. So let yourself be enchanted by our world, feel the love – it's all that matters!

ADDITIONAL INFORMATION:
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Motilal Banarsidass
Publishing House
Non-Fiction



BEING & CONSCIOUSNESS

BY SWAGATA GHOSH

Samkhya philosophy represents one of the oldest traditions in the Indian philosophical system. Analogous to the other orthodox schools of philosophy, the Samkhya system too considers liberation to be the highest goal of human life. According to them, liberation as the absolute cessation of sufferings can only be attained by acquiring discriminatory knowledge between purusa and prakṛti.

The main objective of the present research work is to study the phenomenon of consciousness and all its related issues from the classical Samkhya perspective with special reference to the neo-Samkhya views. Critiques from the Advaita Vedanta philosophy and their plausible responses have also been provided as far as practicable.

ADDITIONAL INFORMATION:
PUBLISHED 2024 - PAPERBACK - ISBN:
9789359030661 - 341 PAGES

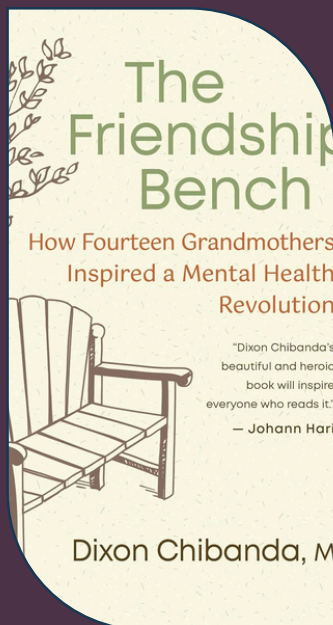
THE CONCEPT OF YOGIC LIBERATION

BY IAN PINTO

Yoga is an integral part of Indian culture and religion. What began as a sadhana (practise) associated with a religious system and operated as the practical limb of Indian philosophy gradually morphed into a philosophical system of its own accord thanks to the groundbreaking work of Patanjali. Yoga today has become a worldwide phenomenon and has caught the fancy of people everywhere. It is largely known to be a form of exercise that keeps body and mind healthy and fit. However, it also has a philosophical background which is the theme of this book.

The primary goal of yoga is the liberation of the individual and since this also happens to be the goal of traditional Indian philosophizing, yoga found itself becoming an integral part of Indian religious practice.

ADDITIONAL INFORMATION:
PUBLISHED 2021 - PAPERBACK - ISBN:
9789391024451 - 154 PAGES



New World Library
Non-Fiction

THE FRIENDSHIP BENCH

BY DIXON CHIBANDA, MD

With fourteen strong-willed grandmothers as partners, Chibanda's group pioneered the Friendship Bench program, a community-driven initiative addressing loneliness, depression, and suicide by fostering intergenerational connectedness. Since then, more than 500,000 people around the world have sat on a park bench to share their personal stories with an empathic grandmother. More than just Chibanda's story, *The Friendship Bench* is a primer on how human connection forms the bedrock of our resilience. It gives readers the building blocks to facilitate transformative moments for healing, personal growth, and forgiveness by reaching out to those who are struggling and disconnected from their communities. It's a case study of how interventions supported by robust scientific evidence can be simplified and made accessible for all. This global movement is expanding to El Salvador, London, Washington, DC, New Orleans, and other major cities.

ADDITIONAL INFORMATION:
TO BE PUBLISHED 2025 - PAPERBACK - ISBN:
9781955831024 - 240 PAGES



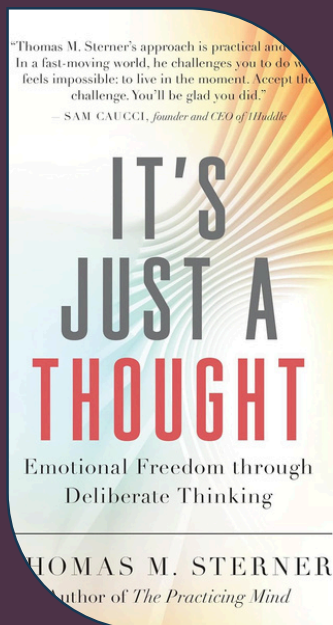
OLD DOG, NEW DOG

BY KATHY CALLAHAN & HELEN ST. PIERRE

It's a natural impulse: As dog owners watch their canine best friend age, they think about getting a puppy, hoping that the new pup will be influenced by the older dog while softening the inevitable loss. But is that the right step? Supporting an aging dog who's declining while attending to the demands of a puppy presents unique challenges. Can both be done well at the same time? In this first-of-its-kind guide, senior dog expert Helen St. Pierre and puppy expert Kathy Callahan come together to help dog lovers answer this question. *Old Dog, New Dog* is the singular resource that can guide people to good decisions and great care of dogs both young and old.

Designed to be read and digested quickly, this concise book guides readers through a common but rarely covered scenario, empowering them to navigate it with confidence and grace.

ADDITIONAL INFORMATION:
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9781608689965 - 144 PAGES



New World Library
Non-Fiction

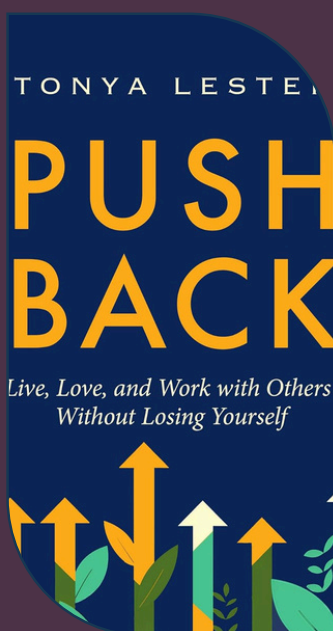
IT'S JUST A THOUGHT

BY THOMAS M. STERNER

Emotional Freedom through Deliberate Thinking

Ever wonder why you continually think about this, that, or the other when you'd rather be enjoying a moment, pursuing a dream, or completing a project? Author Tom Sterner knows you are not alone and here offers methods for thinking, rather than being thought. As Sterner's thousands of clients know, directing our thoughts instead of being directed by them is possible and transformative. Sterner outlines liberating ways to first observe and then master our thinking. The skills Sterner teaches prove that we are not the thoughts and emotions that can overwhelm us, and that on any given day we have the power to connect to who we really are and achieve what we really want and need. Filled with inspiring examples and practical action steps, *It's Just a Thought* exposes our limitations and handicaps and gives us the tools to make overcoming them a joyful process of empowerment.

ADDITIONAL INFORMATION:
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9781608688296 - 136 PAGES



PUSH BACK

BY TONYA LESTER

In *Push Back*, the author explains how to rock the boat, or “be difficult,” in a good way — to do it clearly and productively. All too often, Lester has seen her clients talk themselves out of being angry when anger was justified; tell half-lies or back off to avoid difficult conversations; absorb disappointment and resentment to let someone else have their way; and take on more than their fair share of work in a relationship to keep the peace. And they do so because most relationship advice ignores the very real problems of uncooperative and avoidant partners, systemic sexism, and pressures to compromise, be conciliatory, and aim for harmony. To push back on these pressures, Lester offers guidance that can help create a world that works better for everyone, starting with the women themselves.

In this accessible and uplifting guide, through exercises, case studies, and real-life examples from public figures, people pleasers learn to set boundaries in all kinds of relationships, express their needs and engage in productive conflict, and deal calmly with any backlash that might come from spouses, coworkers, bosses, in-laws, siblings, and children — in other words, to “be difficult” in the best possible way. Designed to challenge the sea of advice telling women they should “smooth out” interpersonal struggles, *Push Back* boldly advocates for the opposite: more (healthy) conflict, more clear limits, more rocking the boat.

ADDITIONAL INFORMATION:
TO BE PUBLISHED 2025 - PAPERBACK - ISBN:
9781608689460 - 288 PAGES



Neue Erde
Non-Fiction

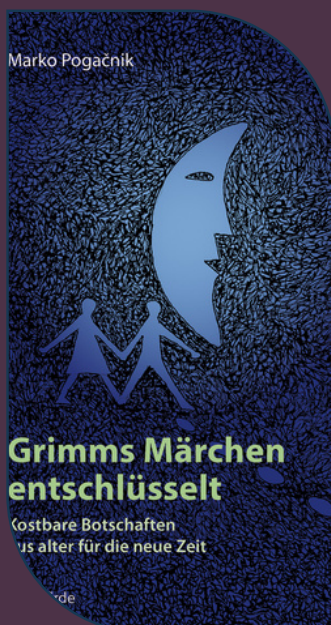
THRESHOLD TIMES - TIMES OF CHANGE

BY SABRINA GUNDERT

This guide takes the reader through crises and times of great changes in their own life and offers a foothold and support in times of challenges. It demonstrates how threshold times typically involve, what pitfalls can be awaited, and what one can do in order positively to structure those times of change. Rituals, exercises, seasons of the Natural World, threshold experiences, meditations, and reflections will accompany the reader, in order to remain or become able to act, and then to emerge from those threshold times fortified and strengthened.

The volume is directed toward people who refuse to allow being overwhelmed by a feeling of helplessness in their lives, when faced with these crises and times of changes, and instead would like to participate actively in their futures. This book is the first of its kind to address daily issues on these themes. It is written in terms practical, empathetic and authentic. The exercises, rituals, seasonal times in Nature, meditations and reflections are immediately and easily applied – whether one is dealing with separation, a death, a job dismissal, illness, or a departure from a phase of life.

ADDITIONAL INFORMATION:
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9783890608747 - 240 PAGES



DECODING GRIMM'S FAIRY TALES

BY MARKO POGACNIK

Precious messages from past ages for a new era

With this book, Marco Pogacnik opens-up a gateway into the deeper dimensions of the Brothers Grimm's fairy tales – so well-known and familiar to us. However, these were stories that were originally addressed to adults, and in their images, they carry an understanding of life, that might provide keys to us moderns to deal with supposedly unresolvable challenges.

Marko Pogacnik is one of the most noted geomancers of our times. He is the author of numerous books about healing the Earth and is a co-founder of the school for geomancy called "Hagia Chora", and is also a sculptor and land-art artist. When the freedom to travel became restricted, he used the framework of the LifeNet-Network to develop telepathic forms of workshops. From 2005, he has been creating, together with co-workers, the global project of Geopuncture Circles. In 2016 he was awarded the title UNESCO Artist for Peace.

ADDITIONAL INFORMATION:
PUBLISHED 2024 - PAPERBACK - ISBN:
9783890608754 - 144 PAGES



Neue Erde
Non-Fiction



LET YOUR BODY SPEAK

BY EWALD KLIEGEL, ANNE HENG

The Essential Nature of Our Organs

Our organs wish to be seen and understood as spiritual/physical basic elements of our being, and as elementary beings. They are inviting us to change our ways of looking at things and to experience our organs in a different way. If we allow ourselves to see the holistic versions of our organs, we will experience our body as an amazing symphony, in which the organs bring forth the veritable vibrational miracle of our body.

After having published very successfully three editions of this book with colour illustrations, we have decided to publish another version with black and white only illustrations at a better price. The text deals with the organs in great detail, and for whoever would like to access the colour illustrations, we recommend our card set, in which a shorter explanatory booklet is already available, together with the cards.

ADDITIONAL INFORMATION:
PUBLISHED 2024 - PAPERBACK - ISBN:
9783890608761 - 128 PAGES

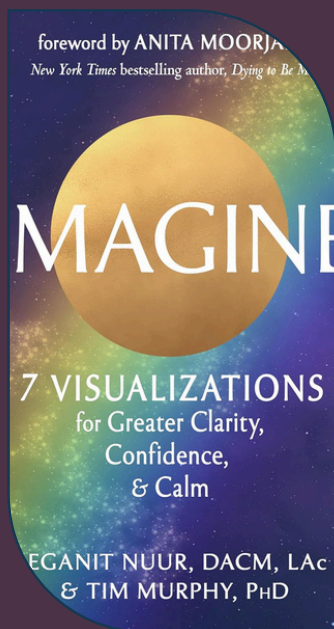
THE LADY OF CHANGE

BY PETRA BRABEC

During these times of great transformations, the power of the Woman Who Brings Change is calling us to step onto paths that are nurturing and creative, and to discover the wonders that are dormant in all of us, to nurture them and to allow them to blossom in all their beauty.

This powerful card set consists of 36 wisdom cards. Deep messages and impulse questions would like to inspire the reader to embark on courageous steps for personal growth. The readers are invited to experience life in an explorative way and to turn to a direction which will explore orientation, trust, and connections with one's own source of power. The Lady of Change: she maintains the fire of change, dances with the wind, and breathes with the rhythms of the seasonal cycle. She maintains a deep understanding for the complex connections of Life, and she knows when it is the time for extinguishing old fires and lighting new ones. She won't be held back and follows her inner calling, to choose a new life, and to penetrate ever deeper to its core.

ADDITIONAL INFORMATION:
PUBLISHED 2024 - 48 PAGES GUIDEBOOK + 36
CARDS - ISBN: 9783890608525



Red Wheel Weiser
Non-Fiction



IMAGINE

BY DEGANIT NUUR & TIM MURPHY

Your intuitive mind has been dormant for years— isn't it time to wake it up? Imagine is for those eager and excited to transform, manifest their best life, and get their power back through the power of visualization.

Imagine unveils this transformative world through the power of visualization. This comprehensive guide, crafted by spiritual teachers Deganit and Tim - your supportive companions on this journey - offers seven unique techniques to help you:

- leave behind the crippling cycle of overthinking and indecision,
- awaken your intuitive wisdom and discover the answers within,
- effortlessly access a state of deep relaxation and insight,
- reprogram your brain for less fear and greater trust,
- embrace your authentic self and unlock your full potential.

Forget the endless search for external answers. Imagine empowers you to tap into your inner wisdom and unlock the power that lies dormant within. Are you ready to experience greater clarity, confidence, and calm? Embark on this journey of self-discovery and start imagining the life you deserve.

ADDITIONAL INFORMATION:
TO BE PUBLISHED 2025 - PAPERBACK - ISBN:
9781642970746 - 304 PAGES

THE APOTHECARY OF BELONGING

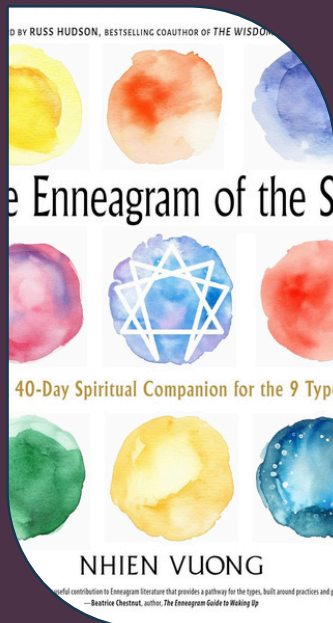
BY ALEXIS J. CUNNINGFOLK

An invitation to reconnect to the land, our bodies, and our communities through the seasons, helping us find our way back home to our own embodied rhythms.

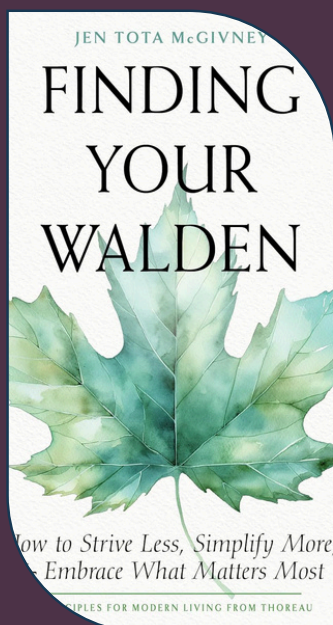
The Apothecary of Belonging is a magickal journey through each of the four seasons with plant allies as our guides and companions. Alexis J. Cunningfolk explores how to know ourselves as land and as beings who deeply belong to the land and one another. Learn about the energetic foundations of traditional western herbalism that flow through the seasons within and around us and explore ways to map your inner landscape. Throughout, you will find methods for combining seasonal herbalism for physical vitality alongside magickal practices to support personal healing and community empowerment.

Speaking to the common yearning for kinship and connection, *The Apothecary of Belonging* is a practical seasonal herbal, a book of magick, and a love letter reminding us that we can always find our way back home to each other.

ADDITIONAL INFORMATION:
TO BE PUBLISHED 2025 - HARDBACK - 256
PAGES



Red Wheel Weiser
Non-Fiction



ENNEAGRAM OF THE SOUL

BY NHIEN VUONG

The Enneagram of the Soul is inspired by over two decades of inner and outer work with the Enneagram by leading expert Nhlen Vuong. Nhlen provides a path to wholeness for the self, enabling the reader to be steered gently yet firmly away from the trap of solely identifying with their personality type so that they can live more fully and more aligned with their divine nature. The book is divided into two parts.

Part 1 shares nine enneagram-informed principles that guide one's journey of transformation, nine contemplative practices to propel and support the transformational process, and nine prayers to lend heart to the journey. Part 2 offers forty activations consisting of brief questions, reminders, or practices, on themes customized for each of the nine Enneagram personality types. When we access the wholeness of all nine Enneagram energies working in concert, we experience a greater sense of inner peace, purpose, and fulfillment.

ADDITIONAL INFORMATION:
PUBLISHED 2024 - PAPERBACK - ISBN: 978-1642970623 - 240 PAGES

FINDING YOUR WALDEN

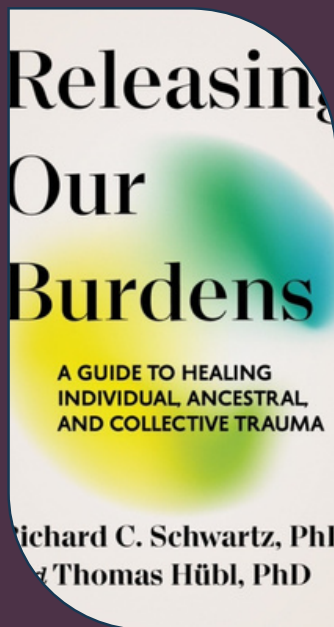
BY JEN TOTA MCGIVNEY

Discover Henry David Thoreau's philosophy of living a good life and how you can too. Let go and find what's most important.

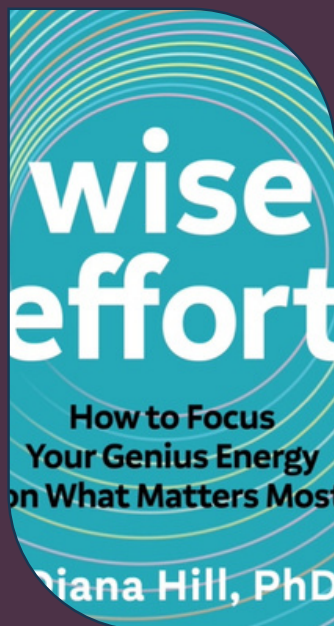
The hero for our time is someone few people get right. Henry David Thoreau wasn't a loner in a cabin. He lived during a time much like ours, when technology changed more in a generation than the centuries before it, constant communication interrupted daily life, and a pandemic spread a mysterious lung disease. Thoreau, like us, reassessed his priorities: When is a job worth quitting? Do I need all this stuff? How can I sell out, just enough? This book is self-help meets choose your own adventure inspired by the philosophy of Thoreau. It's both practical (those bills aren't going anywhere) and idealistic (can't we be more happy than busy?). Thoreau reminds us that cost and value aren't the same, that we should focus less on saving time and more on spending it well. This work distills Thoreau's philosophy into five principles, covering money, solitude, individuality, work, and hobbies.

Finding Your Walden applies a journalist's lens to a misunderstood literary icon, exploring how experts-psychologists, leaders, and scholars - support Thoreau's principles as guideposts for today's Great Reassessment and how they can be adapted today, and why they should. As people reassess priorities to create values-based lifestyles in a profit-based society, Thoreau's life offers a precedent, and his philosophy provides a path.

ADDITIONAL INFORMATION:
PUBLISHED 2024 - PAPERBACK - ISBN: 9781642970630 - 192 PAGES



Sounds True
Non-Fiction



RELEASING OUR BURDENS

BY RICHARD C. SCHWARTZ & THOMAS HÜBL

Acclaimed authors Richard Schwartz and Thomas Hübl teach us how healing trauma can empower us to reclaim resilience and transform our world. Too often, we assume that our trauma is an individual wound, and that we can only heal it through individual work. In truth, our trauma is shaped by so much more than our own experience - we're impacted by ancestral trauma from previous generations as well as collective trauma from the world around us. Beloved teachers Thomas Hübl and Richard Schwartz bring together their wisdom to chart a new path forward that addresses all of these sources of pain, so we can heal ourselves and also our communities and world. In this powerful collaboration, Hübl and Schwartz help us understand why individual trauma cannot be separated from the legacies of shared past and present traumas. Each author offers an overview of their healing modality and how they work together. Schwartz is the creator of Internal Family Systems, a highly effective, evidence-based therapeutic approach that teaches we all contain many parts—and also have an undamaged, healing Self. Hübl has done powerful work on trauma healing, particularly collectively and in groups.

ADDITIONAL INFORMATION:
TO BE PUBLISHED 2025 - PAPERBACK - 256
PAGES

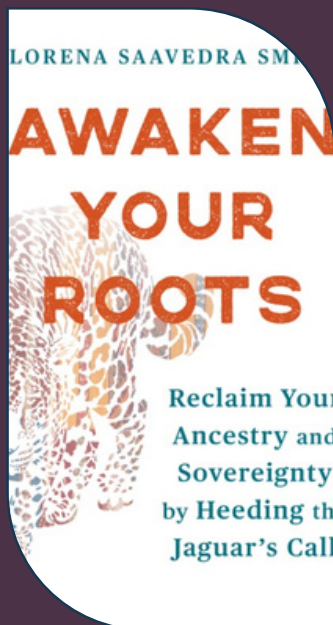
WISE EFFORT

BY DIANA HILL, PHD

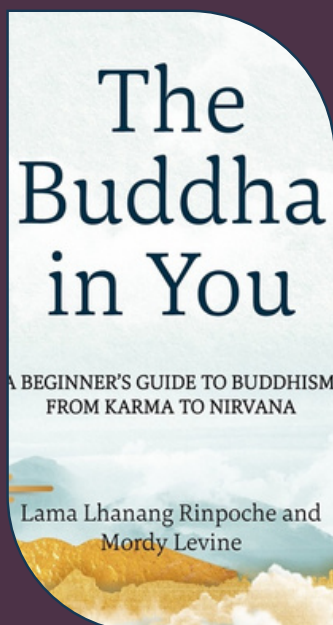
A science-backed approach to shift your most precious resource—your energy—to stop feeling depleted and reconnect with your inherent genius. Many of us misdirect our energy—doing too much and feeling like it is not enough. Clinical psychologist Dr. Diana Hill offers a method to reclaim your energy and revitalize your relationships, health, work, and community. Instead of more productivity tips, Dr. Hill invites us to use Wise Effort to connect with our “genius energy”: our unique and inherent strengths that show up in our talents and gifts. It propels you forward when used in the right amount and toward your values. When we misdirect this energy, our very genius becomes our problem. Think of the super-helper who supports everyone else but doesn't help themselves, or the high achiever at work whose patterns backfire in relationships. Misguiding your energy burns you out and leaves you depleted. Understanding and working wisely with your genius energy empowers you to reclaim it as a life-giving force.

Integrating science-backed practices from Acceptance and Commitment Therapy (ACT) with contemplative and bodybased wisdom, you will learn how to guide your genius energy wisely in multiple areas of your life. You will get curious about what's keeping you stuck, open up to the difficult thoughts and feelings that limit you, and focus your energy where it matters most. With the Wise Effort method, the genius at the root of your problems becomes your solution to feeling connected, brave, and truly alive.

ADDITIONAL INFORMATION:
TO BE PUBLISHED 2025 - PAPERBACK - 256
PAGES



Sounds True
Non-Fiction



AWAKEN YOUR ROOTS

BY LORENA SAAVEDRA SMITH

A pacha philosopher's guide to recover agency and belonging through the medicine of nature, cultural connection, and ancestral wisdom. Have you felt disconnected from your family story and traditions, lost for a sense of home and belonging? While circumstance may have forced this detachment, a new path is yours to forge, one that leads you back to what is rightfully yours. Reclaim your agency and purpose—especially from cultural forces that have caused you to feel deficient, inadequate, and invisible. Lorena knows this path, as her personal wounds related to war, financial hardship, and inter-generational trauma have become portals through which she reconnected to her own medicine. Here, she offers the key to personal and collective healing, helping readers move through anxiety and shame, rediscover their own inner wisdom, and access the tools to interweave their dreams with their deep roots. Reconciling with our ancestors' traditions and weaving ourselves back into our history is a therapeutic endeavor that deserves to be embarked upon with respect and authenticity. "Ancestral knowledge, at its core," says Lorena, "has communal threads linked to Nature. All of us can come back to these basic roots."

ADDITIONAL INFORMATION:
TO BE PUBLISHED 2025 - PAPERBACK - 272
PAGES

THE BUDDHA IN YOU

BY LAMA LHANANG RINPOCHE & MORDY LEVINE

A beginner's guide to Buddhism from Karma to Nirvana

Ideal for anyone who is Buddhist-curious, *The Buddha in You* offers an accessible introduction to the key teachings of Buddhism. But Buddhism is so much more than its teachings - it's also a lived experience. Through simple reflections, practices, or meditations in every short chapter, *The Buddha in You* invites you to begin to try the teachings in your own life, whether you want to be Buddhist or not. These teachings can help cultivate more calm, joy, and gratitude, even amidst life's challenges.

Venerable Lama Lhanang Rinpoche is a teacher of Vajrayana Buddhism of the Nyingma lineage of Tibetan Buddhism. Born in Tibet, he currently directs the Jigme Lingpa Center in San Diego and teaches throughout the United States and internationally. With Mordy Levine, he is the coauthor of *The Tibetan Book of the Dead for Beginners*.

Mordy Levine is president of the Jigme Lingpa Center and creator of the Meditation Pro series that has taught meditation to more than 250,000 people.

ADDITIONAL INFORMATION:
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9781649633798 - 152 PAGES

"Edith has gleaned the 'cream of the crop' from expressive women. It's a gift to anyone who's ever had an idea but nowhere to go and no roadmap to birth their vision."
BARBARA CORCORAN, "Shark" on ABC's hit TV show Shark Tank and founder of the Corcoran Group

SECRETS OF SUCCESSFUL WOMEN INVENTORS

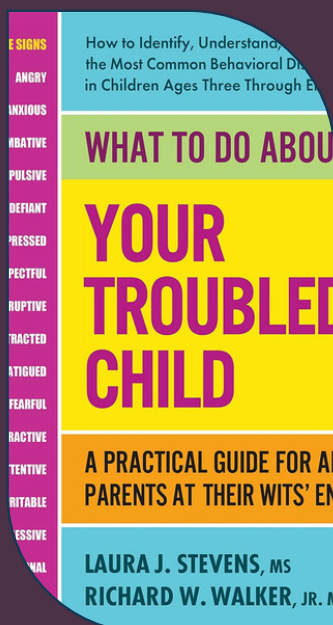
How They Swam with the "Sharks" and Hundreds of Other Ways to Commercialize Your Own Inventions



EDITH G. TOLCHIN

Bestselling Author of Secrets of Successful Inventing

Square One Publishing
Non-Fiction



SECRETS OF SUCCESSFUL WOMEN INVENTORS

BY EDITH G. TOLCHIN

Until recently, history has tended to highlight male inventors--but why not women inventors as well? And where are the women inventors of color? Why have so many of these women not found their rightful places in history? Thankfully, over the last few decades--with increasing opportunities to shatter the "glass ceiling"--women have begun to achieve equal footing with men in careers and in salaries. Women worldwide have also made great gains with their inventions! While in the past, many of their inventions have been largely related to the improvement of household and child care items, things have changed. With women achieving influential positions in business, scientific research, and government--women's creative innovations are limitless. In her new book, *Secrets of Successful Women Inventors*, Edith G. Tolchin reveals the real-life stories of over twenty successful modern-day women inventors--stories that describe their hard work, frequent struggles, and relentless dedication to their ideas. Ms. Tolchin presents a look behind the scenes at their respective journeys, and offers sound advice to future inventors from several accomplished invention service providers.

ADDITIONAL INFORMATION:
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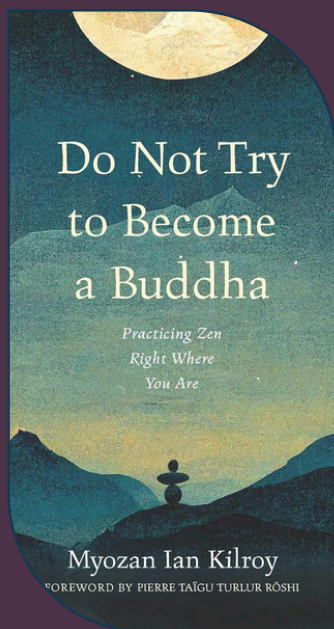
WHAT TO DO ABOUT YOUR TROUBLED CHILD

BY LAURA J. STEVENS & RICHARD W. WALKER

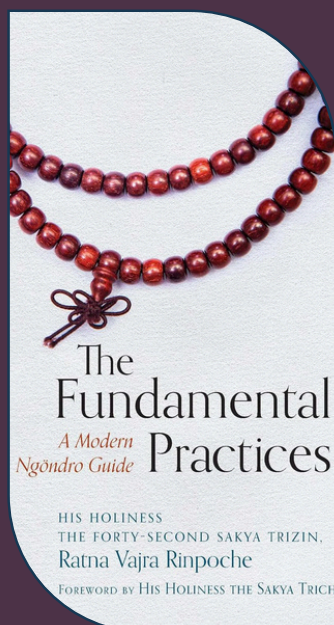
As children grow, there may be times when their behavior seems out of place or troubling. When there is a recurrent pattern of one or more of these types of behavior, something may be wrong. As a parent, if you have noticed something "off" about the way your child has been acting, perhaps it's time to take a closer look at what might actually be going on - before it gets worse. *What to Do About Your Troubled Child* is designed to provide you with the information you need to get to the bottom of the mystery. If a behavioral disorder is caught early enough and treated correctly, it can be greatly lessened or even eliminated. Unfortunately, many behavioral problems in children go undiagnosed for so long that they progress beyond the possibility of improvement. This book is divided into two parts. Part One looks at six of the most common behavioral disorders. Part Two offers a detailed look at complementary approaches to treatment, such as lifestyle changes, nutrition, beneficial programs, and helpful devices.

Telling yourself that your child is bound to grow out of a certain pattern of behavior may be causing you to ignore the signs of a serious issue - one that should be addressed. By the time your child reaches adolescence, the disorder may be too far gone. Now is the time for you to understand and do something about it. Now is the time to let *What to Do About Your Troubled Child* be your guide.

ADDITIONAL INFORMATION:
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9780757005145 - 256 PAGES



Wisdom Publications
Non-Fiction



DO NOT TRY TO BECOME A BUDDHA

BY MYOZAN IAN KILROY

In this collection of short essays, Irish Soto Zen priest Myozan Ian Kilroy describes how he came to practice Zen, introduces some basics of Zen philosophy, and recalls the challenges of establishing a Zen Buddhist community in Catholic-dominated Ireland.

Along the way, he explores the rituals and practices that Zen brings to everyday life, from holidays to weddings to birth ceremonies to funerals.

A former journalist, Rev. Myozan's clear yet entertaining storytelling style paints a clear picture of how Zen has adapted to the culture and traditions of Ireland.

ADDITIONAL INFORMATION:
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9781614298946 - 318 PAGES

THE FUNDAMENTAL PRACTICES

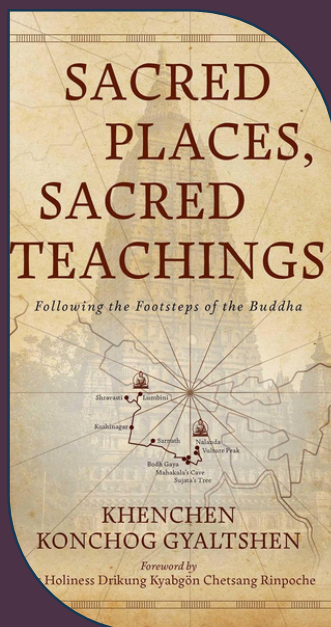
BY HIS HOLINESS THE 42ND SAKYA TRIZIN,
RATNA VAJRA RINPOCHE

When we start on the transformational journey to enlightenment, we need a strong foundation in core Buddhist principles and practices to set us on the right track.

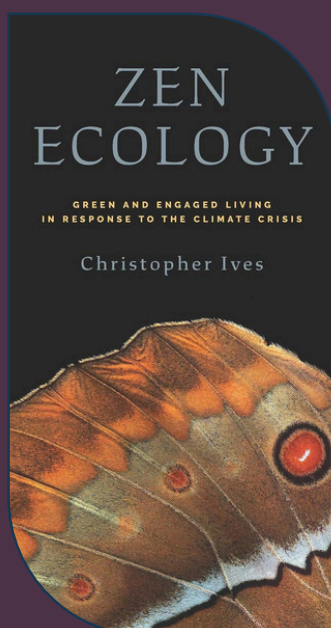
The ngöndro, or preliminary practices, are that very foundation; they not only prepare us for advanced practice but serve us in all we do. In this guide to the common and uncommon preliminary practices, His Holiness the Forty-Second Sakya Trizin,

Ratna Vajra Rinpoche, expertly gives us the grounded, practical, and illuminating teachings we need to set out on the path to buddhahood. Newcomers and seasoned practitioners alike will find practical guidance and profound wisdom to support them through their exploration of the preliminary practices.

ADDITIONAL INFORMATION:
PUBLISHED 2025 - PAPERBACK - ISBN:
9781614299554 - 240 PAGES



Wisdom Publications
Non-Fiction



SACRED PLACES, SACRED TEACHINGS

BY KHENCHEN KONCHOG GYALTSHEN

A guide to following the footsteps of the Buddha—for the pilgrim in India and at home. The holy sites of India—Bodh Gaya, Sarnath, Shravasti, and others—became holy because the Buddha blessed them by performing his enlightened activities there. When we become holy through our practice of the Buddha's instructions, then the places we go will be made holy, too. Through meditation practice, we can realize and capture what the Buddha described as the profundity of the mind, which is completely peaceful, free from elaboration, luminous, and uncompounded. In this wise, heartfelt, and indispensable guide, Khenchen Konchog Gyaltshe takes us on a journey through the major holy sites for Buddhist pilgrimage by offering profound teachings related to each of the sacred places. In Bodh Gaya, the site of the Bodhi tree and the Buddha's enlightenment, we learn of how the Buddha became enlightened and what it means to take refuge in him; we uncover the profundity of emptiness at the site where the Buddha expounded the Heart Sutra; at the place of the Buddha's passing, we learn that the legacy of his vast teachings came about through his perfection of bodhicitta—a core quality we can master, too. In chapters based on these and other sacred places, we find that the wisdom the Buddha uncovered is available to us all.

ADDITIONAL INFORMATION:
PUBLISHED 2025 - PAPERBACK - ISBN:
9781614299493 - 176 PAGES

ZEN ECOLOGY

BY CHRISTOPHER IVES

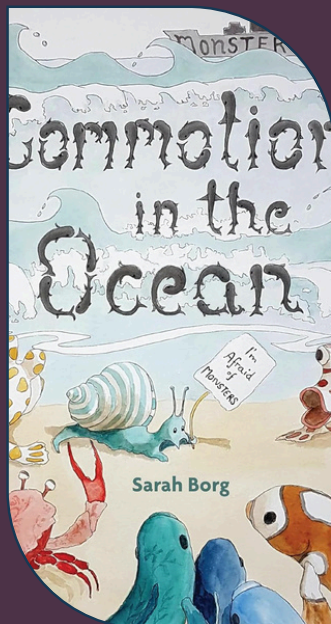
In *Zen Ecology*, Chris outlines his environmental ethic as a series of concentric circles, beginning with ourselves and then moving outward into our communities, all the while focusing on spaciousness, mindfulness, generosity, and contentment. At the individual level, we deal with distraction, clutter, and ecological harm. Here, Chris offers ways to help us pay attention, simplify our lives, and lower our impact. Then, we explore how to envision our home as a "place of the Way," with Zen monastic life as a model for this —without having to be a monk! Next, we realize our embeddedness in nature and emplace ourselves in community with others, including other forms of life. Finally, we build on this basis to engage in activism to create a world that is more supportive of ecological health and spiritual fulfillment.

In this way, we avoid the two extremes of apathy and burnout, and uncover a way of living that is simple, joyful, embedded in nature, connected to others in community, and conducive to collective action.

ADDITIONAL INFORMATION:
PUBLISHED 2025 - PAPERBACK - ISBN:
9781614299547 - 264 PAGES



Book Publ. Company
Children



BILLY BUCKHORN AND THE WAR OF THE WORLDS - BOOK 3

BY GARY ROBINSON

- The Thunder Child is the Cherokee Harry Potter
- A superb YA supernatural thriller

Billy Buckhorn, aka Thunder Child, battles the Owl Clan and the Serpent Society when they renew their ancient evil alliance. First, they launch a series of supernatural events meant to usher in a new age of horrific Underworld dominance. Next, bizarre weather patterns produce raging floods, and fantastic beasts from Native American legends roam North America once again. Worst of all, the Snake Priest, riding the ancient and malevolent Winged Serpent, rises from the deepest regions below to exact revenge and take control of everyone and everything in the Middleworld! Can Billy and his dedicated, gifted team--his oldest friend Chigger; Osage girlfriend, Lisa; the Intertribal Medicine Council; and his allies in the Upperworld--prevent this apocalypse from happening?

ADDITIONAL INFORMATION:
PUBLISHED 2024 - PAPERBACK - ISBN:
9781570674266 - 336 PAGES

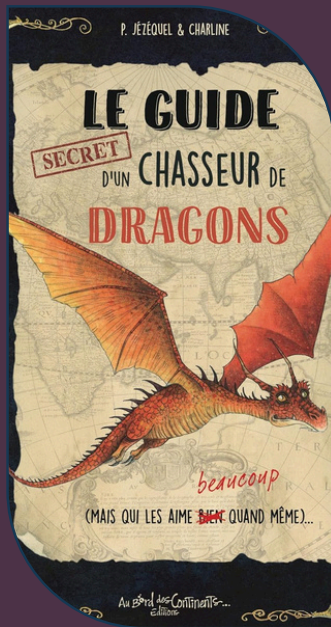
COMMOTION IN THE OCEAN

BY SARAH BORG

3-5 years - picture book

A story in poetic verse with whimsical illustrations of friendly sea characters captivates young kids as they learn about the problem of overfishing our ocean. With the word spreading from coral reefs to across the ocean, a meeting is called to hatch a plan of defense against fishing trawlers (aka "the monsters"). Brightly colored crabs and lobsters, sea snails, polka-dotted fish, and whales and dolphins rally together and appeal--with a hug and a kiss--to humans to hear their plea and make the right choices when they shop. A sweet Sea Shepherd shanty informs youngsters about crews sailing the seas to protect whales, dolphins, and fish in need. It invites us all to join these kind individuals and help keep our oceans clean and full of fish. A foreword by Captain Paul Watson (founder of Sea Shepherd Conservation Society) reminds adults of the importance of the ocean's ecosystems in supporting life on Earth.

ADDITIONAL INFORMATION:
PUBLISHED 2023 - ISBN: 9781570674112-
HARDCOVER - 24 PAGES



A DRAGON HUNTER'S (SECRET) HANDBOOK

BY PATRICK JÉZÉQUEL, CHARLINE

In this secret handbook, you will find all the information you need to track down these big fire breathers. Learn about each creature in detail and discover tips and tricks to guarantee their observation in total safety. The reader will find dragons from all over the world and explore their different characteristics and quirks. Learn about Earth Dragon, Forest Dragon, Dark Dragon, and more! Some hide treasures, some have unique flying techniques, and some live in unlikely places. But all have one thing in common: they seek to hide their existence, so you'll have to be an early riser to see them! This book contains a description for each dragon with a sketch to help the hunter spot it easily. Information about its history, habitation, and quirks is also included. A fact sheet furthermore provides tips on how to observe and protect yourself from it. Finally, read testimonies from people who have encountered the creatures! At the end of the book, additional information is provided about reproduction, the powers of dragon blood, flying techniques, and more.

ADDITIONAL INFORMATION:
PUBLISHED 2021 - PAPERBACK - ISBN:
9782370511133 - 72 PAGES

Leor Literary Agency
Children



MATHIS AND THE FOREST OF POSSIBILITIES

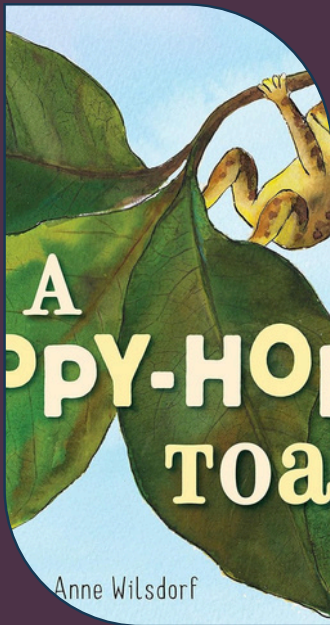
BY JIRI BENOVSKI

A philosophical tale about a boy seeking to regain self-confidence in a strange Forest of Possibilities.

Mathis lives in the heart of a mysterious forest. His parents are away at work, so he stays home to do his homework. As he does every morning, he tries to clean the fireflies' cage when suddenly, out of clumsiness, he lets them escape! Suddenly, he finds himself split into two. Two Mathis are present in the same room! Which one is the real one? How can he get out of this mess? Lost in the Forest of Possibilities, crossing paths with friendly beings, and others much less so... Mathis (#1 or #2? who knows...) takes a turn for the worse, questioning the reality of his present.

'This comic book is incredibly original, the story is moving and firmly rooted in contemporary world. The images and characters are as surprising as they are aesthetically pleasing. It's a very successful book!' - Amazon

ADDITIONAL INFORMATION:
PUBLISHED 2023 - ISBN: 9782368341544 -
HARDCOVER - 24 PAGES



Focused Artists
Children

A HIPPY-HOPPY TOAD

BY PEGGY ARCHER

From the illustrator of the award-winning *Sophie's Squash* comes a rollicking read-aloud featuring a very tiny toad who gets displaced as animals--and humans--brush past him on the road.

*In the middle of a puddle
in the middle of a road
on a teeter-totter twig
sat a teeny-tiny toad.
Snap! went the twig!
Up went the toad!
And he landed on a tree
by the side of the road.*

It's hard to be a tiny toad minding your own business on a twig. First a bird pecks at him. . . . Then a bee buzzes. . . . Then a dog barks . . . and so on. And each time the toad is surprised by a buzz or a woof (or the toe of a sneaker!), he hops to a new location farther down the road. With fun sounds, clever rhymes, and an irresistible rhythm, this is the perfect story for sharing one-on-one or in a group.

ADDITIONAL INFORMATION:
PUBLISHED 2018 - HARDBACK - ISBN:
9780399556760 - 40 PAGES - 3-7 YEARS



ZOO KREWE

BY KELLY MURTAGH - ILLUSTR. SAMANTHA
ALDANA

Zoo Krewe: Take a magical journey through the New Orleans Mardi Gras as the littlest fans learn their ABCs with the help of some animal friends!

Crawfish creates a costume, Duck dives for doubloons, and many more creatures enjoy the season as part of this fantastical Carnival Krewe.

ADDITIONAL INFORMATION:
PUBLISHED 2021 - ISBN: 9781455626311 -
HARDCOVER - 24 PAGES - 3-6 YEARS

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LITERARY AGENCY



A HEART FOR BOOKS